

Definition of Public Health:

- A commonly used definition is ‘the organised local and global efforts to prevent death, disease and injury, and promote the health of populations’(Beaglehole and Bonita 2004)
- Public health is about population groups rather than the medical treatment of individuals, and looks beyond health care services to the aspects of society, environment, culture, economy and community that shape the health and wellbeing of populations

Public Health Structure:

- The Minister for Health (with Cabinet and the Government) develops policy for the health and disability sector, provides leadership and is supported and advised by the Ministry of Health, the National Health Board, Health Workforce New Zealand, the National Health Committee, and other ministerial advisory committees
- Public Health business delivery and most of the funding, is administered by District Health Boards (DHBs)
- DHBs plan, manage, provide and purchase health services for the population of their district and this includes funding for primary care, hospital services, public health services, aged care services, and services provided by other non-government health providers including Māori and Pacific provider
- Structure diagram:
<http://www.health.govt.nz/new-zealand-health-system>

Sources and Resources:

Statutory Framework	http://www.health.govt.nz/new-zealand-health-system/overview-health-system/statutory-framework
Sector Funding	http://www.health.govt.nz/new-zealand-health-system/overview-health-system/funding
District Health Boards	http://www.health.govt.nz/new-zealand-health-system/key-health-sector-organisations-and-people/district-health-boards
Public Health Units	http://www.health.govt.nz/new-zealand-health-system/key-health-sector-organisations-and-people/public-health-units
Primary Health Organisations	http://www.health.govt.nz/new-zealand-health-system/key-health-sector-organisations-and-people/primary-health-organisations

NZ Public Health Statistics, Targets, Strategies and Promotion:

Health Targets	http://www.health.govt.nz/new-zealand-health-system/health-targets <i>Results summary:</i> https://www.health.govt.nz/new-zealand-health-system/health-targets/how-my-dhb-performing
Health Statistics and data sets (Browse by topic)	https://www.health.govt.nz/new-zealand-health-system/health-targets?mega=NZ%20health%20system&title=See%20all
NZ Health Strategy 2016	https://www.health.govt.nz/publication/new-zealand-health-strategy-2016
Health promotion : definition, models	<i>Health promotion models and additional reading:</i> http://health.tki.org.nz/Key-collections/Curriculum-in-action/Making-Meaning/Socio-ecological-perspective/Defining-health-promotion
Examples of health promotion	<i>Breast screening:</i> https://www.nsu.govt.nz/system/files/resources/hp-framework.pdf <i>Immunisation:</i> http://www.hpa.org.nz/what-we-do/immunisation <i>Smokefree 2025:</i> http://smokefree.org.nz/smokefree-2025 <i>Mental Health:</i> http://www.hpa.org.nz/what-we-do/mental-health <i>Minimising gambling harm:</i> http://www.hpa.org.nz/what-we-do/minimising-gambling-harm <i>Skin Cancer Prevention:</i> http://www.hpa.org.nz/what-we-do/skin-cancer-prevention
Useful websites around health promotion	<i>Health Promotion Agency:</i> http://www.hpa.org.nz/ and http://www.alcohol.org.nz/ <i>Mental Health:</i> http://www.depression.org.nz/ , https://thelowdown.co.nz/ <i>SunSmart:</i> http://sunsmart.org.nz/ <i>Workplace wellbeing:</i> http://www.wellplace.nz/

More information is available from
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