

# Safe Community Network News

#### July 2018

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### In This Issue

- Central Hawke's Bay reaccreditation
- Motorcycle Safety in Marlborough: Case Study
- City Centre Safety in Tauranga: Case Study
- From the World Health Organization
- Ethnic Communities
  Development Fund
- Global Campaigns in 2018
- What is a Safe Community?

#### Webinars

The PPSCN webinars are designed to be of particular value to SC coalitions and coordinators. Register for remaining webinars in the 2018 series now:

Mental Well-being and Resilience

1.30pm Thursday 23 August

Effective Governance and Community Engagement

1.30pm, Thursday 22 November

To view archived webinars, see the SCFNZ website. Latest webinar now available to view: Injury Prevention as Social Change by Dr Rod McClure Welcome to the July issue of Safe Community Network News. This newsletter is published quarterly and will focus on news for and from our Safe Communities.

In this issue, we are pleased to introduce some insight into what is happening in our Safe Communities by way of the case studies submitted for the July 2016 to June 2017 annual reports. Many thanks to Marlborough and Tauranga/Western Bay of Plenty Safe Communities for sharing in this issue. However, the sharing doesn't have to be limited to case studies. If you have an event or initiative that you would like to share in this newsletter or in one of our webinars, please let Tracey (earl@scfnz.org) know.

With winter well established, it is timely to promote the winter safety messages and resources from organisations such as Fire and Emergency NZ, NZ Transport Agency, Mountain Safety Council, and the Mental Health Foundation. It's also a good opportunity for home safety checks, particularly with older adults.

Stay safe, warm and dry out there!

### Central Hawke's Bay Reaccreditation

Congratulations to all involved in Safer Central Hawke's Bay (CHB) on achieving reaccreditation in April. The SCFNZ review team and observers analysed the written application then had the pleasure of visiting CHB and observing some of the current initiatives. The team noted that CHB was an excellent example of a community that has analysed information, identified best practice programmes, and identified key stakeholders to participate in the leadership group using appropriate processes. Also of note is that stakeholder involvement has increased each year and initiatives and programmes have been driven by community needs. Safer CHB has maintained a high level of engagement with a range of organisations and individuals working collaboratively.

It was pleasing to see Central Hawke's Bay District Council recognition of its significant role in promoting community wellbeing through the recent adoption of the CHB Community Wellbeing Strategy which includes the Safer CHB Action Plan.



*Click here to see the CHB reaccreditation application and media release on the reaccreditation ceremony.* 

#### Resources

A free new directory of helplines and local mental health services has been launched by the Mental Health Foundation and Ministry of Health.

The Health Navigator App Library, funded by the Ministry of Health, provides trusted online health resources, including apps about alcohol, and health and wellbeing.

The Law society has launched an 0800 phone line for workplace harassment support.

A new website, developed by the Human Rights Commission and 7 large NZ employers, provides information and templates for workplaces to develop and implement a family violence workplace policy.

The Ministry of Health has published regional data from the latest NZ Health Survey. The data can be viewed by DHB, regional council and public health unit.

ICON (In Case Of Negativity) is a free online version of Sticks 'n Stones that supports young people to resolve online issues and understand the available tools, support and services.

HPA's Play Your Best Card is a novel team-based game. l t supports teenagers to discuss challenges and how to deal with different situations, in addition increasing awareness of to youth organisations that can be contacted for help. A copy of the game has to been sent secondary schools and teen parent units. Youth services can apply for a set of the game.

### Motorcycle Safety in Marlborough: Case Study

Safe and Sound @ the Top has implemented several initiatives in an attempt to improve the rates of motorcycle fatalities and serious crashes in the Marlborough district. This also aligns with The Ministry of Transport's Safer Journeys 2016-2020 Action Plan which has identified improving motorcycling Safety as a priority. Safe and Sound @ the Top initiatives include:

- Promotion of ACC's 'Ride Forever' programme through biker events (biker brekkie, workshops and training)
- Use of existing and new advertising to target vehicle driver observation/behaviour
- Achieve Top of the South Motorcycle Safety Strategy objectives, including developing a programme to encourage motorcycle training in secondary schools.

Extensive radio, cinema, billboard, newspaper and social media advertising were used to promote safe motorcycling and motorcyclist training, resulting in the `Ride Forever' courses being fully booked. All riders who attended motorbike workshops to have their suspension checked/adjusted said that the bike felt better on the road. In addition, there have been no fatal motorcycle crashes in Marlborough since 2013.

*Information obtained from Marlborough Safe Community Annual Report (July 2016 to June 2017). Click here to contact Marlborough Safe Community for more information.* 

### City Centre Safety in Tauranga: Case Study

In 2016, Tauranga Western Bay Safe Community re-established a relationship with the Tauranga Moana Maori Wardens (TMMW) to acknowledge the positive impact they make to the safety of the Tauranga city centre, particularly the proactive approach of the wardens to safety at the city centre bus interchange and city libraries.

A memorandum of understanding between Tauranga City Council (TCC) and the TMMW was updated and resigned in 2018, as the wardens provide positive community engagement and are seen as supportive ambassadors in the community. Resultant outcomes include:

- increased perception of safety in the area during the wardens' presence;
- Positive feedback on the wardens' interaction with the general public and bus service users;
- Wardens patrolling hot spots on New Year's Eve in an ambassadorial role for the TCC events team;
- Use of TMMW to proactively limit disorder in the Greerton Library;
- Council staff value the relationship with the wardens and the positive impact they make to the safety of the city centre.

The Maori Wardens are also a key flagship initiative in the new City Safety Plan. This is a multi-stakeholder action plan addressing safety issues in the city and across the sub-region. This action plan was initially just for the CBD, however, due to its flexibility; it can be rolled out sub-regionally if and when needed.

Information obtained from Tauranga Western Bay of Plenty Safe Community Annual Report (July 2016 to June 2017) and from Alana Rapson, Safe Community Coordinator. Click here to contact Tauranga Western Bay of Plenty Safe Community for more information. Help for the Tough Times, from HPA, is a quick guide to 4 NZ websites aimed to support teens with issues such as anxiety, stress, identity, relationships and depression.

The Mental Health Foundation has updated their website to include a webpage on establishing a support group for people bereaved by suicide.

HELP (4357), a free text support service, has been launced by Lifeline as part of its suicide prevention strategy.

Superu (Social Policy Evaluation and Research Unit) closed on 30 June 2018. It's previous publications will be available online through The Hub website and the National Library.

Safe to talk . a free, confidential 24/7 helpline which provides information and support to anyone affected by sexual harm, has been launched nationally. See www.safetotalk.nz for information and resources.

Restorative Justice and Practice: Emergence of a Social Movement is a free online course available from Victoria University, Wellington.

### **Contact Us**

If you want to learn more about Safe Communities in NZ or want to become a Safe Community,

www.safecommunities.org.nz contact@scfnz.org



SCFNZ is a Safe Community Support Centre & an Accrediting Centre for the Pan Pacific Safe Community Network.

> PANPACIFIC Safe Communities Network

# From the World Health Organization

The World Health Organization has launched:

- WHO Global action plan on physical activity and health 2018-2030.
- International Classification of Diseases 11 (ICD 11)

# Ethnic Communities Development Fund

The Ethnic Communities Development Fund provides funding for projects which will be undertaken in the next calendar year (1 January-31 December 2019). The funding round will be open 15 August to 26 September 2018. Projects must meet one of the following criteria:

- Build leadership capability within and between ethnic communities
- Bring together diverse communities to promote inclusion and community harmony
- Bring together diverse communities to celebrate culture/language/identity, build intercultural relationships and demonstrate the benefits of ethnic diversity.

This contestable fund will distribute a total of \$520,000 in one funding round each year. For information on other funding, see the Community Matters website.

# Global Campaigns in 2018

Upcoming campaigns your Safe Community may like to participate in next year include:

10 September	World Suicide Prevention Day
2 October	International Day of Non Violence
10 October	World Mental Health Day
25 November	White Ribbon Day
	International Day for Elimination of Violence Against Women

White Ribbon Rides occur around New Zealand from mid-November each year in the lead-up to White Ribbon Day. The groups of motorcyclists deliver the campaign's key messages throughout a range of communities. For more information and to register interest in having the White Ribbon Riders visit your community, go to White Ribbon Ride 2018.

# What is a Safe Community?

A Safe Community is one in which all sectors of the community work together in a coordinated and collaborative way to promote safety: forming partnerships; managing risk; educating and informing; increasing the overall safety especially for its most vulnerable; and reducing their fears of harm. The key feature is the building of local capacity (i.e. coalition of community, business, government and non-government leaders) that combines their resources and interests to address local concerns about injuries, crashes, anti-social behaviour, violence and crime in a coordinated and sustainable manner. Read more here