



Safe
in the
South

International Safe Communities Application

Invercargill City - Southland District



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Safe in the South Co-ordinator - December 2015



Introduction Safe Community Accreditation Form

Southland – our place

The Southland Region is located at the very South of the South Island and includes three Territorial Local Authorities (TLA), Invercargill City, Southland District and Gore District.

Southland's history traces back to the Maori chiefs Rakaihautu and Tamatea and was known as Murihiku, the "tail end" of the land. Sealers began arriving at the end of the 18th Century, and were replaced by whalers at the beginning of the 19th Century. Since then the region has had economic growth through gold mining in the late 19th Century, pastoral farming and the industries of frozen meat, grain, dairy farming and the mining of coal and lignite.

Southland is a geographically diverse region, encompassing 12% of New Zealand's landmass. With 2.4% of the population, Southland industry produces 15% of New Zealand's tradable exports. In 2013-2014, Southland's economy grew by 11%, the highest GDP within New Zealand. Southland has the highest employment and participation rates in the country. 55% of Southland's 93,300 residents live in Invercargill, 14% in Gore District and 31% in the wider Southland District.

The region contains some of the most beautiful scenery in the country with two National Parks, the Catlins and thousands of acres of rolling pastureland, rugged tussocks and mountain ranges, cute seaside towns, the port of Bluff and precious wetland areas.

Refrigerated shipments of meat and dairy products began in the 1880s and continue today. Fonterra has operated a processing plant on its Edendale site for 134 years. It is now capable of processing 15 million litres of milk a day. The region's economy relies heavily on the dairy industry and has the highest number of cows of any TLA in New Zealand. Sheep farming is also a significant industry and the aluminium smelter near Bluff.

The region's location means we enjoy seasonal variations. In summer there are long daylight hours allowing residents and visitors to enjoy our parks, lakes and coastlines well into the evening.

The average annual temperature in Invercargill is 9.9 C with 1,682 sunshine hours.

Rainfall averages 1,149 mm/year and is spread evenly throughout the year. (National Institute of Water and Atmospheric Research Data, 1981-2010).

An understanding of population, demographics and the geography of the region is important to the study of and prevention of crime and injuries. Below is a brief synopsis of important characteristics of Invercargill City and the Southland District. Key indicators are based on 2013 census from Statistics New Zealand.

The population of the two districts is 81,300, with 64% of the population concentrated in Invercargill City. Southland District has communities with population over one thousand inhabitants, such as: Te Anau, Riverton, and Winton. The remainder of the population is distributed widely in a large number of small and sometimes isolated communities.

Both Southland District and Invercargill City observed net gains in population of 4.1 per cent and 2.7 per cent respectively in the 2013 census.

As for ethnicities, Southland District and Invercargill are not as diverse as the rest of the country. Below is 2013 Census ethnicity in comparison with national average.

| | Southland District | Invercargill | National Average |
|---|--------------------|--------------|------------------|
| European | 89.8 | 88.1 | 74.0 |
| Maori | 10.0 | 15.1 | 14.9 |
| Pacific peoples | 0.8 | 3.2 | 7.4 |
| Asian | 3.9 | 3.0 | 11.8 |
| Middle Eastern Latin American African | 0.6 | 0.3 | 1.2 |
| Other | 2.5 | 2.3 | 1.7 |

Females make up 51,7% of the population. Males insignificantly outnumber females in the 0-19 age group. In other groups, especially in the age group 65+, women are in the majority.

There is an aging population in the Southland region, i.e. more over 65 year olds than under 20 year olds. This is set to increase over the coming years and according to national projections from statistics New Zealand the population will become senior aged heavy.

The median age is 39.1 years which is above the national median age of 38 years.

The median personal income In Invercargill (\$27,400) is lower than the median income across the country (\$28,500), however in Southland district this figure is \$33,900.





Criteria

Leadership & Collaboration

The Safe Communities Programme has been discussed by the Invercargill City Council (ICC) since 2007 and by Southland District (SDC) more recently. In August 2014 Injury Prevention New Zealand in partnership with the NZ Police, ACC and the NZ Fire Service asked the ICC to co-host with them a Hui to discuss community safety and the development of a regional approach to building a safe community using the Safe Community model.

Since the Hui the three territorial local authorities and Environment Southland received a presentation and were asked to include support for the programme in their long term plans. A report was completed which examined statistical evidence of safety and identification of the issues.

A second public hui was held in February 2015 at which the community gave the mandate to proceed with seeking accreditation as an International Safe Community. The hui also identified the work-streams and the key issues of youth and alcohol. Workshops were held for each work-stream, and risks and issues, vulnerable groups and environments for Southland were identified. Each work stream has a lead agency and a number of networks as well as individual agencies within their membership.

The Safe in the South programme is managed

by the Safe in the South Governance Group. The application for accreditation is being completed by the Safe Communities Coordinator, who reports to the Governance Group. The Coordinator is currently employed by the Invercargill City Council within the Community Development Team. Invercargill City and Southland District Councils have committed administrative and financial support.

The Governance Group will report annually to the Safe Communities Foundation and at least annually to the Invercargill City and Southland District Councils. The Governance Group is made up of key leaders from the stakeholder groups committed to working together to reduce injury burden in our community. Both local government and the Southern District Health Board are represented on the Governance group. Southland District Council and Invercargill City Council collaborate to provide resources for the Safe Communities Project including employment of a coordinator.

The Safe in the South Steering Group (see following diagram) is a cross-sector group responsible for providing information and promoting safety and injury preventative programs and initiatives. The group is made up of a lead agency for each of the work streams, overseeing work and advising networks and individual agencies that include government and non-government organizations and local business. It is an interagency collaborative group made up to provide information and advice on all issues concerning safety, crime and

injury prevention. Members of the working groups and the project coordinator are responsible for networking with NGOs, ensuring effective communication and maintain a collaborative framework. There is no fixed term or strict rules for organizations to be involved in the steering group. Membership is flexible and we welcome agencies that can bring something to the safe communities programme. The steering group meets monthly and reports to the governance group.

| Community | Family | Workplace | Road & Fire |
|--|--|---|--|
| <p>Lead - IDEA Services</p> <ul style="list-style-type: none"> • Networks: Combined Disability Group; Southland Interagency Forum; Fiordland Interagency: PAN MURIHIKU Network; Southland Alcohol and Drug Managers Group; Southland NGO Forum • Individual Agencies: Red Cross; Police; Healthy Families; Glengarry Action Group; Southland Disability Enterprises; Pacific Island Advisory and Cultural Trust; Murihiku Marae; Venture Southland; Well South; Southland Rural Farming Trust; Victim Support; Nga Kete Matauranga Pounamu Charitable Trust; Murihiku Maori Wardens; Invercargill Community Patrol; Water Safety NZ | <p>• Lead - Plunket</p> <ul style="list-style-type: none"> • Networks: Well Child Network, Family Violence • Individual Agencies: Women`s Refuge; Police; Help Southland; Family Court MSD - Child, Youth and Family Family Works | <p>• Lead - ACC</p> <ul style="list-style-type: none"> • Networks - Health Safety Employment Forum; Master Builders Forum; Chamber of Commerce • Agencies - NZ Aluminium Smelters: Rural Women; Federated Farmers; Southland Disability Enterprises; Fonterra; Alliance Group; Council's; Richardson Group; H & J Smith; | <p>• Lead - Road Safety Southland</p> <ul style="list-style-type: none"> • Networks - Road Safety Southland. • Agencies - Fire Service; Police; Road Safety Southland; Fonterra; NZ Aluminium Smelters; Schools |



Since the hui the Safe Communities Coordinator and community development staff have attended meetings with existing network's listed in the diagram above. In addition, articles on the Safe Communities programme and the accreditation process have been published in various e-newsletters. A collaboration has been formed to plan and undertake a safe communities

event at the Waimumu Field Days in February 2016. It is anticipated that collaborative teams will be formed for each project undertaken with team members then providing information back to the agencies included.

Evaluation is ongoing with progress being continuously reviewed with changes planned and progress noted.

Below is a brief timeline of major steps towards the accreditation

| | |
|--------------------------------|---|
| July 2004 | ICC established a Safer Invercargill Sub-Committee which meet at least six weekly since this time |
| 2007 | Informal meetings with interested parties (ACC, ICC) |
| 2009/2010 | Southland District Council sent a representative to Safe Communities Forum |
| 2014 | Injury Prevention Aotearoa approached ICC about holding a hui |
| August 2014 | Injury Prevention/Safe Communities Hui held at Murihiku Marae |
| August 2014 | ICC staff attended Safe Communities Forum |
| August 2014 | Police, Fire Service, ACC and ICC formed a working group |
| February 2015 | Hui held to obtain community mandate |
| February 2015 | Work groups established |
| September 2014 - May/June 2015 | Safe Communities Working Group made presentation's to the Mayoral Forum and the four Council's. |
| July 2015 | Letter of Intent sent to Safe Communities New Zealand Foundation |
| August 2015 | Safe Communities Coordinator appointed and attended Safe Communities Forum |
| October 2015 | Safe in the South name and logo adopted |
| November 2015 | Draft Accreditation Form sent |
| November 2015 | Hui held to update stakeholders on the progress to date |
| February 2016 | Waimumu Field Days - Site visit |

In August 2014 Injury Prevention NZ in partnership with ICC held a hui at Murihiku Marae for key potential stakeholders. Following the hui a presentation was made to the Mayoral Forum which involves ICC, SDC, GDC and Environment Southland (ES). The three Mayors and the Chairman of ES asked the working group* (Police, Fire Service and ACC senior managers) to visit each Council and present the concept to them. These presentations occurred over several months and each Council was receptive to the idea of forming a collaborative approach to gaining accreditation as an International Safe Community.

In early 2015 the working group submitted to the Long Term Plan for the three Council's. This was followed by attending the hearing of submissions and presenting to the Council's requesting financial support towards the employment of a Safe Communities Coordinator. The Southland District Council committed to an annual contribution for three years. The Invercargill City Council committed to the involvement of the ICC Community Development section and services in kind.

Other Safe Community partners are:

NZ Police - commitment to membership of the governance group. Providing professional leadership in strategic planning.

NZ Fire Service - commitment to membership of the governance group and in kind services.

ACC - commitment to membership of the governance group. Provision of financial support once accreditation is gained. Providing linkage with other safe community initiatives.

Southland Chamber of Commerce - commitment to membership of the governance group and linkage to the business community.

Southern District Health Board and MSD Child Youth and Family commitment to membership of the governance group.

Iwi - commitment to membership of the governance group, linkage to the wider Maori community and cultural best practise.

The strategic plan will be developed once accreditation has been successfully achieved. Material and information gathered during the accreditation process will be included in the strategic plan development.

The Safe Communities Coordinator is employed by the Invercargill City Council where they are already a member of the Community Development Team. They have 15 hours per week dedicated to the Safe Communities programme and extra hours during the accreditation implementation process. A job description which includes person specifications is attached. The salary is Step 5 of the local government salary scale. The coordinator is based in the community development team at the Council in an office shared with one other staff member. They have access to staff cafeteria, EAP services etc. The position is managed by the Community Development Manager who is providing some time to the accreditation process. A staff car is also available for travel.

Sustainability of the Safe Communities Programme is a key issue which is continually being addressed as we sell the programme to all the stakeholders and community partners.

The Safe in the South programme and the governance group replaces the ICC Safer Invercargill Sub-committee. The Southland District and Invercargill City Council's have embraced the opportunity to use a collaborative approach to build partnerships with agencies that often do not collaborate and improve ways of addressing safety issues throughout the community. Strong partnerships have been built while working on the project, brainstorming ideas, improving ways of delivering the messages and identifying gaps have been very beneficial for our communities.

As part of building sustainability the governance group is already evaluating and updating membership to ensure it is representative of the entire community and that all those who wish to be involved can be included in one of the work-stream teams.

Applying for accreditation as a safe community brings together enthusiastic agencies and helps them build a strong collaborative approach to ensure that safety, crime and injury prevention programs and activities cover all ages and genders throughout our vast and diverse community. Accreditation is not considered as a "final destination", it is a step on the way as we continue keep working with our partners to continually improve safety in our city and district.

Letters of support are in the appendix.





Criteria 2 Programme Reach

We have used existing networks and meetings/hui to inform the community about the Safe Communities Programme and gain buy-in. This has included presentations to the Mayoral Forum, and Council meetings; attendance at meetings of many existing networks across the region including the Southland Interagency Forum, Combined Disability Network, Youth Workers Network, Family Violence Network.

We have also held three hui specifically focussing on the Safe Communities programme. Hui attendees

identified Community, Family, Workplace, Road and Fire as work streams; while Alcohol and Youth go across all four work streams as contributing factors. Programmes already underway in our community have been based on the latest evidence available. Each lead agency ensures programmes that might be ongoing are reviewed and modified based on latest evidence and the outcomes of previous programmes. The table lists programmes that are ongoing or have been undertaken in the last 2 years.

| Community | Family | Workplace | Road & Fire |
|---|--|---|--|
| <p>Suicide and self harm</p> <ul style="list-style-type: none"> • Kia Piki te Ota • Rural Life: Keeping the Balance • Southland Suicide Prevention Network • ASIST <p>Water safety</p> <ul style="list-style-type: none"> • Day Skippers • Swim Safe Southland • Swim for life • ILT Swimming Programme | <p>Support for young families</p> <ul style="list-style-type: none"> • Young parents service • Pacific Parents Project • The Bathmat Initiative • Parent in Charge - Matua Whakaruru • AMGR8 | <ul style="list-style-type: none"> • Preventing falls from height on construction sites • ACC Southern Employer Forums • Safety Engagement Newsletter • Quad Bike Safety • Southland Employers Health and Safety Forum • Safe use of machinery in manufacturing | <p>Road Safety</p> <ul style="list-style-type: none"> • Ride Forever Training • 5 star Road Users • Safety at Intersections • Includes: Share the Road, Vulnerable Road Users; Distracted Drivers |

■ Alcohol
■ Youth

Community

- Water Survival Skills
- Boating Safety
- River Safety
- Oreti Surf Life Saving

Emergency

- Disaster Welfare
- First Aid
- Get Ready Get Thru
- Shake Out

Health

- Free clinics for Pacific Peoples
- Wellness checks
- Immunisation
- School and preschool checks
- Smokefree Programmes
- SunSmart
- Registered Nurse and Free Clinical Services for young people
- High needs voucher scheme

Crime prevention

- Neighbourhood Support
- Night Lighting of Dog Park
- Operation Zero Rubbish
- Blue Light Camps for Youth
- CACTUS
- ROCKON
- Maori Wardens Community Patrols
- Blue Light Camps for Youth
- Out of Gate

Family

Family Violence

- Child Protection Training for Rural Schools
- White ribbon Campaign; White Ribbon Day
- Family Violence is not OK; it is OK to ask for help
- Men's Support and Service Development
- Hohou Te Rongo Kahukura - Outing Violence
- Take back the night
- Individual Programmes for victims and perpetrators of DV
- Children's Safety
- Pacific parents Project
- Fresh Start*

Engaging Families

- Family Friendly Invercargill
- Healthy Families
- Breast Feeding Support and App
- Southern Pepi-Pod
- Colourful Kai
- Strengthening Families
- Integrated Family Support (Otautau & Takitimu Districts)
- Family Dispute Resolution
- Dedicated Intake Service
- Social Work Support
- Counselling
- Buddy programme

Workplace

- Safer Forest Harvesting
- Fleet safety
- Southland combined Contractor Induction
- Workplace alcohol policies
- Health and safety Training*
- Harvesting
- Fleet safety
- Southland combined Contractor Induction
- Workplace alcohol policies
- Health and safety Training*

Road & Fire

Rural Roads

- Includes: Winter Driving, Rear Seat Safety Belts, Motorcycles, Alcohol, Speed and Visiting Drivers
- Older Drivers

Road Safety Children

- Child Safety Restraints Checkpoints
- Car Seat Service
- Driveway backing kit

Road safety young people

- Young drivers practice
- Safe young road users includes: First Gear, Vests4Children, Seen and Safe*,
- Bright Sparks
- High Risk Young Road Users 16-24yrs
- Includes: Sport Sponsorships, Supporting SADD, Restricted Drivers, Safety Belts, Dangerous Driving, Alcohol, Speed, Safe Vehicles

- Alcohol
- Youth

Community

Homes

- Warm Healthy Homes
- Southland Warm Homes Trust
- People with disabilities
- Living Valued Lives
- Employment for people with disabilities
- Residential Programme
- Vocational Programme
- Home Support
- Books on prescription
- Primary Mental Health Brief Intervention

Elderly

- Senior Friendship
- Good Health and wellbeing for 65 and over
- Visiting Service
- Education on Elder Abuse and Neglect Workshops for seniors
- Personal Alarms
- Senior citizen and living alone luncheon's and other activities

Alcohol related harm

- Risk Reduction Alcohol Workshops (RRAW)
- Drink Safe Workshop
- Liquor licensing
- Afterball project
- Whole School Approach to Alcohol
- IBAN - Invercargill Bar Alert Network Telecommunications

Family

- Circle of Security
- Cool Families
- Incredible Years
- Foster Care
- Family Start
- Home Visits
- Parenting through separation
- Dad's playgroup at Ranui
- Conscious Parenting Programme
- Family Support
- Home for life
- Building a strong Family Life
- Disability Information and Advice

Substance Abuse and other addictions

- Taitamariki Oranga*
- Gambling Counselling
- Waihine Hapu
- Alcohol and Other Drug Counselling

Workplace

Road & Fire

Fire safety

- Safe Homes
- Get Out Stay Out
- Don't drink and fry

Fire safety for young people

- Firewise programmes
- Fire Awareness Intervention Programmes

- Alcohol
- Youth



Community

Family

Workplace

Road & Fire

Engaging Community

- Community Garden
- Taku Manawa Murihiku Human Rights Group
- Girls Group
- Boys to Men
- The creative arts Youth Group
- Number 10 Radio Group
- Number 10 Rangatahi Sport Tournament
- School Holiday programmes
- Budget Advice
- Budget Education
- Specialist Advisory Clinics
- General Enquiry Service
- Migrants
- Connected Communities
- Information Hub
- Cross Cultural Awareness
- Migrant Face to face information service

- Alcohol
- Youth

*Refer to criteria 5 for case study on this programme.
Programmes table in full in the appendix.





Criteria 3 Priority Setting

In order to deliver safety and injury prevention messages across communities in a most efficient manner, focusing on specific groups within the community is essential. Determining focus areas helps use the resources in a directed way and where they are most needed. High risk environments and vulnerable groups in Invercargill and Southland District have been identified from collected statistical data and reports from the following organisations: Police (Southern District), Fire (Southern District), Accident Compensation Commission (ACC), Southern District Health Board though Public Health South, Ministry of Health, Injury Prevention Unit.

Young People

It was identified at the Hui that young people are a major risk group as youth problems go across all 4 work streams: community, family, workplace and road and fire safety. Young people are often victims of domestic violence, suffer from depression, represent the most at-risk group of causing self-harm, and are the biggest risk on roads especially if under influence of alcohol and/or other drugs.

• *Number 10 Southland Youth One Stop Shop.*

Number 10 is a social service and health provider to meet the needs of young people (10-24 years old) under one roof. Services include care of all aspects of physical, mental and emotional health, bullying and self-esteem issues. Number 10 also provides an opportunity for young people to participate in programs aimed to develop creativity, communication skills and leadership.

• *High Risk Young Road Users.*

Due to many factors young drivers (16-24yrs) remain the highest risk on our roads and roadsides. Road Safety Southland in partnership with Southern StreetSMARTS, TLAs, NZ Police Traffic, ACC, SADD (Students Against Dangerous Driving) work collectively to reduce the number of accidents and risk of injury or fatality on the road. The Multi-faceted focus of this programme is on improving the attitude of young people to safety on the roads and transport and urban design that is more accommodating of human errors.

• *Blue Light Camps for Youth.*

Blue light is a combined effort of ACC and Police that aims to stop young people becoming an offender or victim of crime and to build better relationships between the police, young people, their parents and

the community. They encourage healthy and safe socialization for young people with all Blue Light events being alcohol, drug and violence free. The camps held are designed to challenge, expose, nurture, team build and develop skills in the youth.

Farmers

The Southland regional economy is mainly a primary producing region. There are more than 5300 farms in the region, occupying over 85% of the total area of non-conservation land in Southland. Due to semi-isolated lifestyles farmers lack services, (services that are available are not easy to access). Lack of support and self harm and suicide attempts appear higher in this group. Farming is one of the most dangerous occupations in New Zealand. On January 16, 2015 Radio New Zealand ran a news story outlining the severity of farm injuries, fatal and otherwise, that occur on Southland farms. This is supported by the ACC reports that show farm related injuries rank highly

• Safer Farms

Safer Farms is a comprehensive and holistic approach by WorksafeNZ to safety on farms. This project provides guidance and advice on how to reduce risk of injuries and accidents on a farm. The program covers the following topics: preventing manual injuries; preventing noise induced hearing loss; safe cattle and other animals handling; preventing slips, trips and falls; quad bike and other farm machinery safety; safely using and storing chemicals.

• Suicide prevention.

The Southland regions Suicide level was above the national average during the period of 2007 to 2011. The national average was 11.3 per 100,000 people and Southlands rate was 14.7 per 100,000 people. Southland suicide rate is 7th out of the 21 DHB's (Note; Southland DHB had not yet merged with Otago at this point in time.) Suicide rates peaked in the 1990's and is again trending upwards. Rural suicide rates are more than urban areas at 12.5 per 100,000 (rural) compared 10.6 per 100,000(urban). Males are more likely to commit suicide than females. By age, young men of 15 to 29 years of age are the most likely. Suicide rates also

increase as deprivation rates increase. Maori are over represented in suicide statistics. +ASIST The Suicide First Aid course is a course which teaches people to recognise suicidal signs though changes in behaviour, to be able to confidently raise the issue of suicide and know where to access further support and other professional assistance.

Elderly People

There is an aging population in the Southland region, i.e. more over 65 year olds than under 20 year olds. This is set to increase over the coming years and according to national projections from statistics New Zealand the population will become elder aged.

- Age related accidents at home - people think they are more capable than they are, to do DIY and other tasks.

• Elder Abuse and Neglect Prevention Services

Prevention services include a visiting service and the Ageism DVD programmes. Age Concern works towards empowering the elderly to report incidents of abuse and increases awareness of various forms of abuse. They also provide support, information and advocacy for people who are not being treated well.

• Falls prevention.

According to the Community Profile for 2012/2013 produced by ACC, an upward trend over the past 5 years is noted in falls both in Invercargill and Southland District. There are two components to falls prevention: physical condition and environment. Active lifestyle programmes address the physical aspect of falls and are delivered by various agencies: Aqua Jogging, Active Walkers, Strength and Balance to Independence. These programmes are designed for senior people to improve their health, mobility or the risk of falling. Participation helps people not only reduce risk of falling, but also try a range of low impact physical activities, raise their level of confidence, and meet new people.

• Good Health and Wellbeing.

The Age Concern Centre delivers a diverse approach to improving seniors wellbeing. Programmes include: nutritional advice to reduce health issues such as malnutrition which often leads to fractures and other health problems; exercise classes to prevent falls by

improving balance and core strength; social outings and activities for people to increase their social connectedness.

Migrants

Southland District and Invercargill have a number of migrants settling in the community due to increased rural employment and other dynamics.

- **Local Settlement Support Network.**

The Local Settlement Support Network has suggested the need for a local Hub of information for migrants to ease settlement into a new place. It aims primarily to provide information and advice to migrants living in the rural community. Social connectedness focuses on reducing isolation for female and older migrants.

- Cross-cultural awareness delivered by SIT and the Multi-Cultural Council deals with an issue of low tolerance within communities. The program aims to reduce the number of incidents of racial abuse.

EXAMPLES OF HIGH RISK ENVIRONMENTS

Road

Overall traffic incidents in the Southland area remain steady with a mean traffic incident rating of 101.83 incidents per year over the past 6 years. Road safety depends on various factors: road and urban design, speed limits, intersections, drivers' behavior and car safety. Work is conducted in all of those areas. A lot of incidents on roads involve tourists; according to the NZTA report published in 2014, SH94 is a main collision area, followed by SH6.

- **Car Seats services.**

Plunket provides car seat services and supplies a driveway backing kit to take care of the youngest road users.

- **Safety at intersections.**

High risk intersections in Southland will be safer because urban planning and road design will accommodate human errors more. If intersection crashes do occur the injury consequences of those crashes will be less traumatic. Vulnerable road users will be safer using our roads and roadsides. Road

users will be more informed about the high risks taken if the road user is distracted or tired.

- Rural Road Safety includes programs on: Winter Driving, Rear Seat Safety Belts, Motorcycles, Alcohol, Speed and Visiting Drivers, 5 star road users. Safety on rural roads is an important issue as crashes that occur on rural roads often (due to high speeds) have a more traumatic outcome.

Home

- The Southland Warm and Healthy Homes Programme was developed by the Southland Warm Homes Trust and ICC eco design to deal with cold and damp housing. Health issues are often the result of poor living - families don't have enough money to heat their houses properly and living in cold and damp conditions for several consecutive months can cause serious damage to health. Services of insulation installers are available as well as advice on the most efficient ways to keep the home warm, dry and well ventilated.

- The Neighbourhood Support Programme is supported by the Police and ICC. It aims to reduce crime, improve safety and prepare to deal with emergencies and natural disasters. Each group has a contact person who is a link between street residents and police in delivering safety messages about the crime situation in the areas where they live and reporting suspicious activities they have witnessed. Contact details of group members are distributed within the group so people can ask for help, or organize informal get-togethers. Neighbourhood Support is an initiative that makes our homes, streets, neighbourhoods and communities safer and more caring places in which to live.

- **Home Support.**

Various vulnerable people can get home support in the comfort of their homes. The Independent Living Program for people with disabilities delivered by IDEA Services in combination with government funders gives people an opportunity to access their community and activities within their community. Home visits by Plunket nurse's aim to ensure a child is living in

a healthy and nurturing environment, the child's wellbeing is up to standard and that the mum is coping in her role as a parent.

• **Family Violence Network.**

Family Violence is a very real problem in New Zealand. New Zealand is ranked the worst, by some considerable margin in the Organisation of Economic and Cooperative Development (OECD) Community (Social Policy Division OECD, 2013). In the Southland area domestic violence and the severity of domestic violence is trending upwards. Southland has a significant rate per area proportion compared to the Dunedin District and Central Otago district. The Southland Region Domestic Violence rate is also trending upwards of the national average. However, it is yet unknown if the incidents are increasing or if reporting of incidents is increasing following programmes such as "It's Not Ok".

Family Violence is most likely to occur on a weekend, at night and during the summer months. There is a strong correlation between alcohol and family violence. A study reported in the Southern District Violence Knowledge Profile from the Counties Manakau District found that offenders of family violence usually drank at home or at another private residence. Reporting of Family Violence numbers have increased overall and this is attributed to media and police campaigns to highlight the issue. Family Violence network members work towards preventing family violence, dealing with families in crisis and supporting victims of domestic violence.

Public Place

• **Friendly**

The friendly brand is an initiative that is coordinated through the Invercargill City Council. The brand arose from the Child Youth and Family Friendly (CYFF) policy, which was adopted by the Invercargill City Council in April 2012. The CYFF policy was informed from a variety of current and local research. This includes findings from the Our Way Southland project and the Invercargill Point of Difference report. Both

these documents found that there was a strong consensus that Invercargill is a family friendly city. The CYFF policy outlines a vision, goals, objectives and rationale so that the Invercargill City Council has a road map to implement and champion a Child Youth and Family Friendly Invercargill. As a result of the policy, the CYFF sub committee was formed with representatives from different sectors across the community. This committee provides feedback from the community on how to enhance Invercargill's Child Youth and Family Friendly policy. One initiative of the Committee was the inception of the friendly brand. The friendly brand promotes the vision, goals, objectives and rationale so that Invercargill is an environment where families can learn and develop the skills to become strong, motivated members of the city. The friendly brand aims to champion family friendly businesses, events, and activities in the Invercargill area by creating a benchmark standard that can be applied.

• **IBAN - Invercargill Bar Alert Network**

A new communication tool has been created by the collaborative approach of Invercargill licensed premises. IBAN aims to prevent intoxicated people from accessing any licensed premise after being ejected for disorderly behaviour or intoxication. The level of intoxication may be caused by preloading prior to coming into town. The radio devices used by the security staff give other inner-city premise security staff a 'heads up' to whom they may have ejected or not allowed entry to the premise because they consider their demeanour to be risky or affected by alcohol and / or other substances. The call outs from security staff are also assisted by a Community Patrol member who has access to the inner city cameras at the Invercargill Police Watch house. Linking in with Police has enabled security a clear idea where problem patrons are attempting to gain admittance and if required a focused visual for any evidential propose such as disorderly behaviour, wilful damage or violence.

Refer to the appendix for more programmes addressing high risk populations and environments.



Criteria **4** Analysis & Alignment

In early 2015 research by Invercargill, Gore and Southland Communities was undertaken to confirm the need to register as a Safe Community. The purpose was to provide a report of what the trends are around safety in Southland. The methodology used to gather data to inform this report is by collecting nominated agency data and then applying thematic data analysis. Agencies where data was collected from include; NZ Police, NZ Fire Service, Southern District Health Board and ACC. Conclusions include that Southland is a violent place and that a lot of violence can be attributed to alcohol.

Limitations do exist in this investigation.¹

¹ These include the following;

- *District size, statistics across a larger area, e.g. Southern District Police area includes Otago as well as Southland Southern District Health Board area includes Otago as well as Southland*
- *Time constraints.*
- *Availability and to data.*
- *Methodology weakness and bias*

Community and Family

Injury

Data on Injury has been collated from the Injury Prevention Unit and ACC. The Injury Prevention Research Unit is based out of the University of Otago. They collate statistics and provide reports on trends that appear with injury statistics. The website has a tool called the National Injury Query System. This tool can gather statistics about injury within certain desired parameters. The most recent data available in this tool is from 2014. The tool was used over a three year period in order to determine any trends. The results of these are displayed below.

2010 to 2014 New Zealand Public Hospital Injury Discharges, all external causes, all intents, both genders, all age groups.

Southland District

| Year of Discharge | Number of Discharges | Rate per 100,000 people |
|-------------------|----------------------|-------------------------|
| 2010 | 343 | 1,153.3 |
| 2011 | 363 | 1,209.6 |
| 2012 | 329 | 1,088.3 |
| 2013 | 311 | 1,025 |
| 2014 | 292 | 960.2 |
| Total | 1,638 | 1,086.7 |

2010 to 2014 New Zealand Public Hospital Injury Discharges, all external causes, all intents, both genders, all age group.

Invercargill

| Year of Discharge | Number of Discharges | Rate / 100,000 people |
|-------------------|----------------------|-----------------------|
| 2010 | 786 | 1,494.3 |
| 2011 | 671 | 1,261.3 |
| 2012 | 682 | 1,280.8 |
| 2013 | 697 | 1,308.9 |
| 2014 | 634 | 1,179.8 |
| Total | 3,470 | 1,304.3 |

ACC produced Community Profiles for the year 2012/2013. The Community Profiles provide information on claims of injuries to ACC. As well as this the Community Profiles also identify trends and areas where injury prevention can be focused. Other areas are also specifically measured. These are; Work Place claims, Assaults claims, Fall claims, Water Based Sport claims and Motor Vehicle Accident claims.

Southland District

Top 5 New Claims by location of accident

- Home 42.9%
- Sport and Recreation 22.8%
- Farm 13.0%
- Commercial/Service Location 6.0%
- Road or Street 5.9%

Top 5 New Claims by Cause

- Loss of Balance 24.7%
- Lifting Carrying/Stain 15.7%
- Struck by Person/Animal 11.1%
- Collision/Knocked over by Object 7.6%
- Slipping/Skidding on feet. 7.4%

A downward trend over the past 5 years is noted in Work Place claims, Water Based Sport claims and Motor Vehicle claims. An upward trend over the past 5 years is noted in Fall and Assaults. Southland District had proportionally higher levels of recorded accidents per 10,000 people than the national average in Work Place claims, Assault claims, Water Sport claims and Motor Vehicle claims.

Invercargill

Top 5 New Claims by location of accident

- Home 46.4%
- Sport and Recreation 24.5%
- Road/Street 8.1%
- Commercial/Service Location 7.5%

School 6.7% Top 5 New Claims by Cause

- Loss of Balance 27.0%
- Lifting Carrying/Strain 15.9%
- Struck by Person/Animal 9.6%
- Collision/Knocked over by Object 9.1%
- Slipping/Skidding on feet. 7.5%

A downward trend over the past 5 years is noted in Work Place claims, Water Based Sport claims and Motor Vehicle claims. An upward trend over the past 5 years is noted in Fall and Assaults. Invercargill City had proportionally higher levels of recorded accidents per 10,000 people than the national average in Assault claims. Work Place claims, Fall claims, Water Based Sport claims and Motor Vehicle accident claims were all below the National Average. However, Fall Claims and Water Sports Claims were trending towards the National average.

Of the other areas also specifically measured. (Work Place claims, Assaults claims, Fall claims, Water Based Sport claims and Motor Vehicle accident claims). It is of particular note that the Dwelling Assault rate for the 2012/2013 year is considerably higher than the National average of recorded claims per 10,000 people across all three districts. ACC report that Assault Numbers are drawn from the Local Policing District Area rather than the TLA area.

| | Southland | NZ |
|---|-------------------------|-------------------------|
| Serious Assaults resulting in injury rate | 35.86 per 10,000 people | 21.56 per 10,000 people |
| Public Place Assault rate | 29.57 per 10,000 people | 25.18 per 10,000 people |
| Dwelling Assault rate | 90.14 per 10,000 people | 56.29 per 10,000 people |

Health

Data on health has been collated from a number of different sources including Public Health South, Ministry of Health, and Southern District Health Board.

Self Harm and Suicide

Statistics on Suicide and Self Harm have come from the report 'Deaths and Intentional self-harm hospitalisations' produced by the Ministry of Health in 2014. This report collated data nationally on Suicide and Self Harm rates between 2007 and 2011.

The Southland regions Suicide level is above the national average during the period of 2007 to 2011.

The Southland regions Suicide level is above the national average during the period of 2007 to 2011. The national average is 11.3 per 100,000 people and Southlands rate is 14.7 per 100,000 people. Southland suicide rate is 7th out of the 21 DHB's (Note; Southland DHB had not yet merged with Otago at this point in time.) Suicide rates peaked in the 1990's however is again trending upwards. Rural suicide rates are more than urban areas at 12.5 per 100,000 (rural) compared 10.6 per 100,000(urban). Males are more likely to commit suicide than females. By age, young men of 15 to 29 years of age are the most likely. Suicide rates also increase as deprivation rates increase. Maori are over represented in suicide statistics.

Self harm in the Southland Region is below the national average. For the years 2009, 2010, & 2011 there were 178 hospitalisations for intentional self harm in Southland. Of these presentations 59% were female. Young Maori females between the ages of 15 and 19 years are the most predominant cohort to present at hospital for intentional self harm in New Zealand (Ministry of Health 2014).

Crime

Statistics relating to police incidents were provided by the New Zealand Police Southern District. Two reports were provided for this document; The Southern District Violence Knowledge Profile 2014 and The Southern District Road Safety Assessment. Overall physical numbers of violence have increased; however, the net population has also increased. This effectively results in an over all decrease in violence per capita.

Violence

Public Place Assaults

| Number of attended Public Place Assaults 2013/2014 | |
|--|-----|
| Invercargill CC | 122 |
| Southland DC | 39 |

Serious Assaults

| Number of attended Serious Assaults resulting in injury 2013/2014 | |
|---|-----|
| Invercargill CC | 194 |
| Southland DC | 53 |

Dwelling Assaults

| Number of attended Dwelling Assaults 2013/2014 | |
|--|-----|
| Invercargill CC | 386 |
| Southland DC | 113 |

Domestic Disputes

| Number of attended Domestic Disputes 2013/2014 | |
|--|-----|
| Invercargill CC | 561 |
| Southland DC | 115 |

Family Violence

Family Violence is a very real problem in New Zealand. New Zealand is ranked the worst, by some considerable margin in the Organisation of Economic and Cooperative Development (OECD) Community (Social Policy Division OECD, 2013). In the Southland area Domestic Violence and the severity of Domestic Violence is trending upwards. Southland has a significant rate per area proportion compared to the Dunedin District and Central Otago district. The Southland Region Domestic Violence rate is also trending upwards of the national average.

Family Violence is most likely to occur on a weekend, at night and during the summer months. There is a strong correlation to alcohol and family violence. A study reported in the Southern District Violence Knowledge Profile from the Counties Manakau District found that offenders of Family Violence usually drank at home or another private residence. Reporting of Family Violence numbers have increased overall and this is attributed to media and police campaigns to highlight the issue.

Burglaries

Burglaries have an affect on perceptions of safety within a community. Burglaries are an invasion of an individual's security and therefore have an affect of safe communities and community wellbeing.

Dwelling Burglaries year 2013/14

| | |
|-----------------|-----|
| Invercargill CC | 501 |
| Southland DC | 100 |

In all of the Southland Region TLA areas there has been an upwards trend in the number of dwelling burglaries. Most notably there was an increase of 150% from the year 2012/13 to 2013/14 in Invercargill City. Though, this increase is still less than the highest recorded number of 579 burglaries recorded in 2008/09.

Workplace Injuries

As mentioned in the demographics Southlands industry revolves around primary industry, this includes farming. Farming is one of the most dangerous occupations in New Zealand. On January 16, 2015, Radio New Zealand ran a news story outlining the severity of farm injuries, fatal and otherwise, that occur on Southland farms. This is supported by the ACC reports that show farm related injuries rank highly.

Below is a list of the most common farm incidents that cause injury, as sourced from the farm safe website.

Dairy Farms

- Loss of Balance 27.0%
- Vehicle injuries (ATV rollover).
- Lifting, strain (lifting calves and feed).
- Noise and OOS
- Slips, trips and falls (mostly in and around dairy shed).

Sheep and Beef Farms

- Injury by animals (hits and crushes).
- Vehicle injuries (ATV rollover).
- Lifting, strain (lifting implements, animals and feed).
- Slips, trips and falls.
- Noise (hearing loss).

Horticulture Farms

- Lifting and straining (produce, building materials, loading and unloading).
- Repetitive work (picking, pruning, harvesting, sorting/bagging and noise).
- Slips, trips and falls (ladders, wet surfaces, uneven ground).
- Vehicles and towed implements (slipping off machinery, struck by towed implements, repetitive driving, run over, hit by tree branch).
- Struck by object (tree branch in face, wire, building material, saws and knives).

Road and Fire

Traffic

Overall traffic incidents in the Southland area remain steady with a mean traffic incident rating of 101.83 incidents per year over the past 6 years.

- Fatal Crashes: There were 21 fatal crashes across the Southern Police District in the fiscal year 2013/14. Speed was a common factor with alcohol being involved in 38% of fatal crashes. Two fatal crashes involved rental cars and 52% were on state highways. No exact data of fatal crashes in the Southland area was disseminated in the Southern District Road Safety Assessment.
- Contributing Factors to Traffic Crashes: Speed, alcohol, restraints, young drivers, and dangerous driving have been identified by police as the 5 factors that are most likely to cause a Traffic accident resulting in injury and/or death.
- Distractions: Such as cell phone use while driving is an issue across the district. Infringement notices for cell phones whilst driving are tracking upwards. As of the half year of Jan 1 to 23 July 2014 the total number of infringements was 241. In the entire year of 2013 the total number of infringements were 294.
- Young Drivers: Young Drivers still persist to be a high risk group to be involved with car accidents.
- Drink Driving: Drink Driving Laws changed on December 1 2014 and this is hoped to have an affect on drink driving rates.

The NZ Transport Agency in 2014 released a summary report of traffic incidents that involved overseas drivers, tourists. This report details traffic incidents between the years 2009 to 2013 in the Southland/Otago area. This topic is receiving a lot of media attention at present and Southland is seen as an area that sees a lot of tourism traffic due to the natural features and close proximity to places like Queenstown and Milford Sound. A summary of the key findings of this report are outlined below.

- 493 injury crashes
- Main collision area is: SH94 followed by: SH6
- Most common on bends/corners
- 66% were single vehicle crashes
- 75% occurred in 100km/h zones
- 66% male as driver
- 50% were rentals
- 75% of crashes occurred in dry conditions
- High proportion of older vehicles

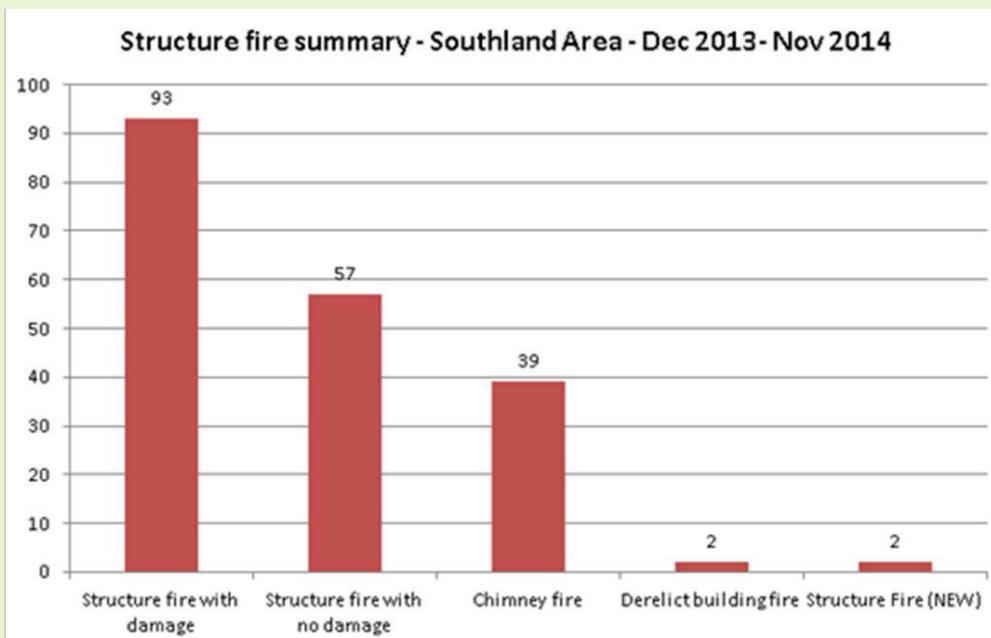
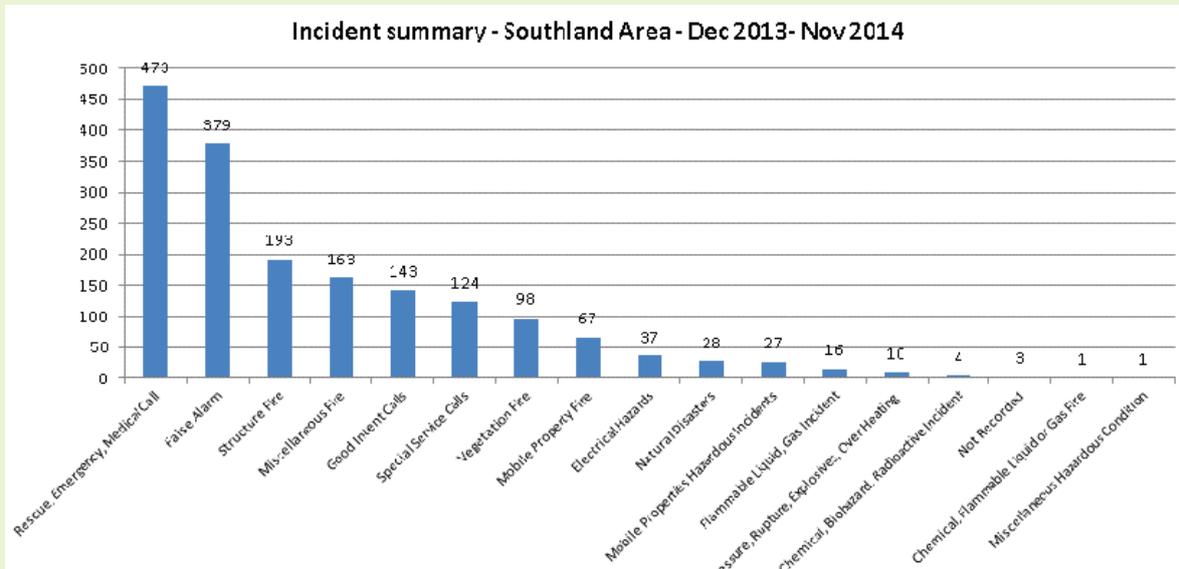
Fire

The New Zealand Fire Service is one of the three emergency services. They respond to a number of events and incidents that threaten injury and affect safety. Statistics relating to fire incidents were supplied by the New Zealand Fire Service. A summary of the trends include;

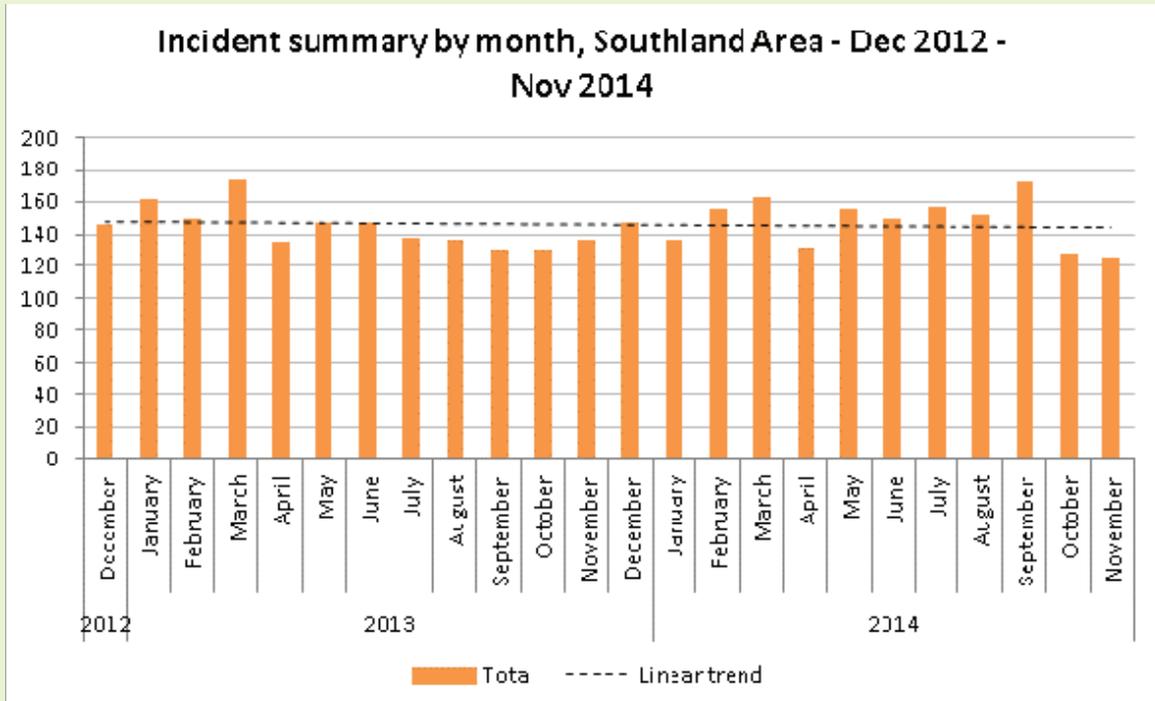
- Highest Incident rate is for rescue/emergency call, followed by false alarm, and then structure fire.
- Deliberately lit fire is a leading type of fire cause in Southland.
- Incident summary for the years 2012 to 2014 (inclusive) show that incident rates are static. However, incidents in the Gore and Southland District TLA areas are marginally trending downwards, and Invercargill City TLA area is marginally tracking upwards.
- Structure fires are mainly recorded in winter months whereas, outdoor fires, such as rubbish fires have a higher occurrence in warmer months.

Below are a series of graphs that provide data relating to fire statistics and types of incidents in the Southland area. Graphs show incidents over the 12 month period from December 2013 to November 2014. The final graph shows a breakdown of the types of deliberately lit fire by TLA for the last year

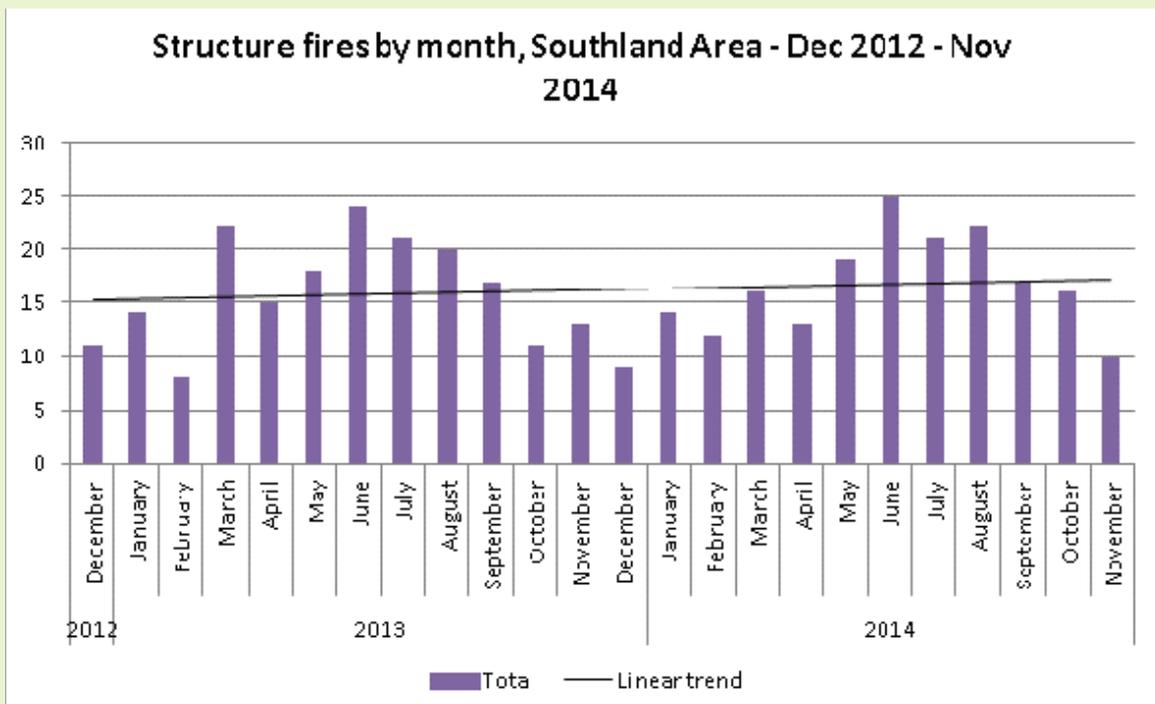
Incident summary for Southland Area, last year



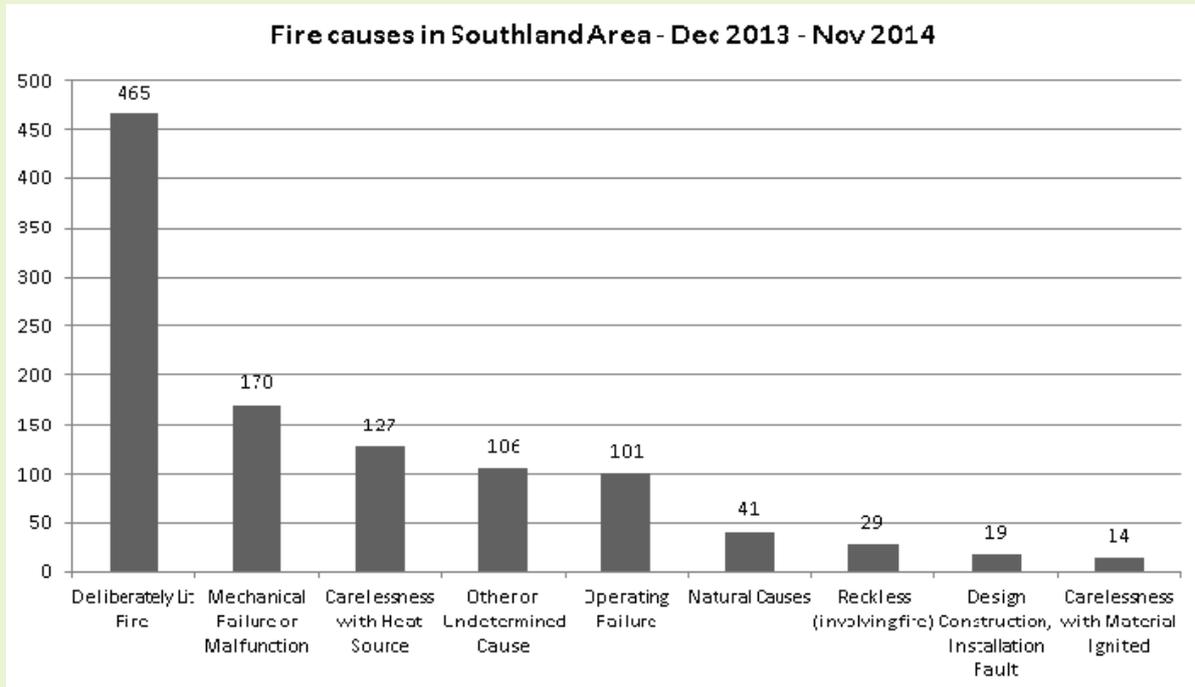
Incident counts, Southland Area - last two years with trend:



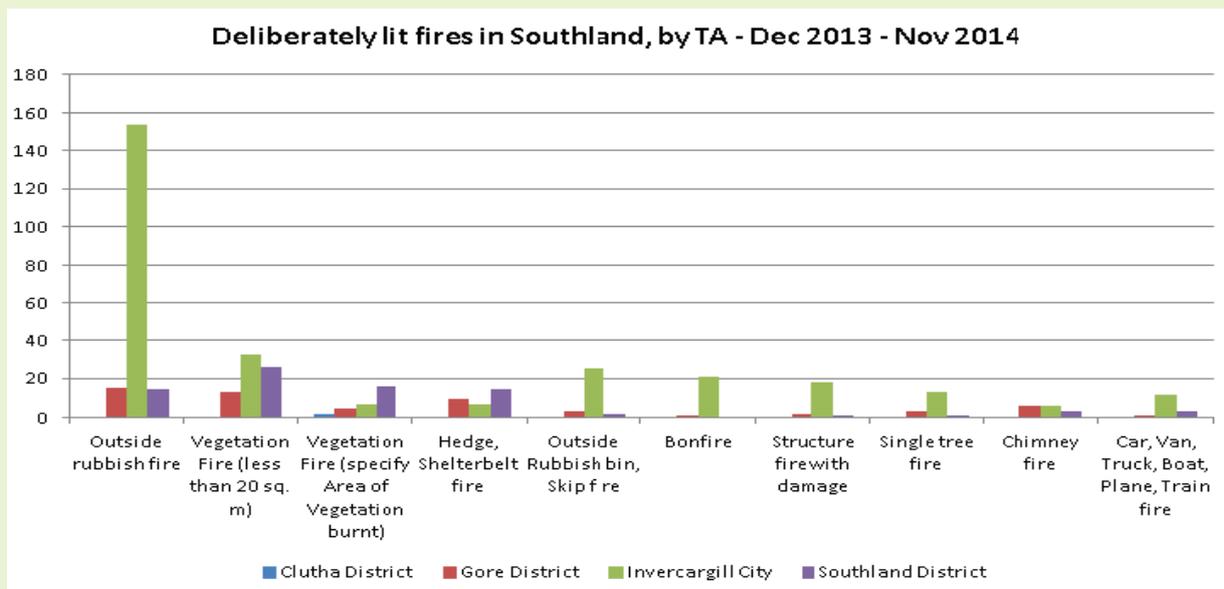
Structure fires by month, Southland Area, last two years with trend:



Fire causes in the last year, Southland Area:



Deliberately lit fires



Alcohol

Public Health South prepared The Impact of Alcohol on the Health of Southern Communities, A Report to Inform the Development of Local Alcohol Policies by Southern District Councils. The report contained information collated about alcohol admissions and perceptions of professional's about alcohol related harm in the Southern District Health Board catchment area. This includes Otago, Queenstown Lakes and Southland.

The main findings of this report found that;

- Southern District Health Board has the highest prevalence of hazardous drinking among all District Health Board regions in New Zealand.
- The trend is heading upwards in Alcohol related Hospital presentations
- Alcohol poisoning is mainly seen in the 18 -24 year age bracket.

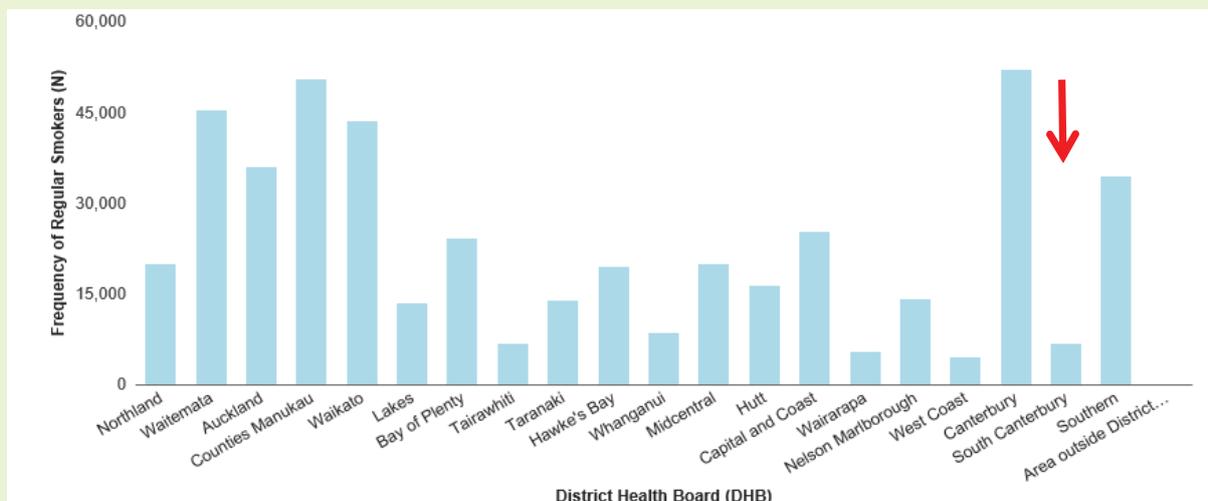
Throughout the Southland District Health Board catchment area;

- The greatest proportion of alcohol-related presentations were for injury.
- Alcohol related presentations to A&E departments were mainly over the weekend.
- Over an 8 month period in 2012 there were 697 presentations at Southland hospital.
- 11% of these presentations were for people under the legal age to buy alcohol.

Public Health South, 2013: The Impact of Alcohol on the Health of Southern Communities, A Report to Inform the Development of Local Alcohol Policies by Southern District Councils.

• Smoking

Though smoking is not necessarily related to injury it was deemed as useful to add to the report in that there is empirical evidence in the harm that it causes and that this can be prevented.



The above graph shows regular smoking rates within New Zealand by District Health Board. The Southland rate is highlighted with the red arrow. This is 34,668 people and is approximately a third of all people in the Southland region.

http://www.tcddata.org.nz/Census%20data/Census_01.aspx





Criteria 5 Evaluation

Systematic evaluation is an essential tool of identifying what works and what doesn't. Well-designed evaluation gives an opportunity to report to the funders, track achievements and plan new and more effective campaigns and programs. Various evaluation methods and their combinations have been used to describe the process and outcomes of the projects listed under Criteria 2. Some of the methods used include:

- **Storytelling.**

Storytelling is a great way of capturing individual experience as a vivid example and as a result - a way of spreading the word about projects. Stories can be "told" in a traditional verbal way or delivered through other channels of communication: drawing, photo, film, social media etc. When using storytelling as an evaluation methodology, we focus on experiences of an individual or a group and their actions. This method is suitable for kids, low literacy people, mentally challenged people and people from diverse cultures. Neighbourhood Support, Plunket, Barnardos and others have been using storytelling.

- **Counts.**

This is a most essential form of measuring the output. Different aspects of a programme can be counted: number of participants, nature of participation, time

invested, positive outcomes and much more. Counting is an important measure in forecasting and funds allocation. Almost every programme from Criteria 2 uses some form of counting.

- **Benchmarking.**

Is a process of specific comparison of the set up measures. ACC, Public Health South and Swimming Programmes demonstrate benchmarking.

- **Surveys.**

A survey collects information from groups or a number of individuals in a standardized form. Generally survey is used as a complimentary evaluation form. South Alive, Age Concern, Number 10 and others use surveys.

- Interview Question and answer sessions with an individual or a group to gather personal experiences and feedback. Programmes delivered by Nga Kete, Family Works, Blue Light Camp and others use this tool.

- **RBA**

We aim to encourage our stakeholders and all those providing programmes across Southland to adopt the recently introduced Results Based Accountability framework. Organisations who receive funding from

the Ministry of Social Development are now using RBA however others are still being trained and moving to the result card is a work in progress. We plan to offer training in RBA for those requiring assistance.

The three simple questions How much did we do?, How well did we do it? And Is anyone better off? will be used to develop our report card for future projects. RBA is gaining more popularity as MSD funded agencies report in RBA format.

Below are case studies that demonstrate implementation of RBA.



CASE STUDY 1

Fresh Start New Beginnings

Population Result

In the Southland Region a specialist programme is provided for young women aged 17-25 years who wish to live a life free from victimisation and violent crime.

The Story

Family Violence is a very real problem in New Zealand. New Zealand is ranked the worst by some considerable margin in the OECD (2013). In the Southland area domestic violence and the severity of domestic violence is trending upwards.

Reported incidents of domestic disputes (2013) were Invercargill City Council 561, Southland District Council 115 and Gore District Council 42. The issue of increased reporting of domestic violence is a concern for the Police, Family Violence Network and Safe in the South.

Programme Performance

Description: A total of ten young women attended each of the three programmes held in 2014/2015 period, (30 women in total). Each programme involved ten weekly sessions followed by six weekly

communication sessions. A total of 12-16 weeks per programme. Some sessions were combined if this was appropriate for the group. Facilitators of the session Fresh Start programme are trained Refugee staff. The communications programme is facilitated by a registered counsellor.

Contribution to "Turning the Curve"

The Fresh Start programme has contributed to a reduction in domestic violence incidents and to the increase in reported incidents. The young women feel confident to contact the Police and other helping agencies. They are contacting the Police when they feel in any danger (increasing reporting statistics) and are able to safely leave the dangerous situation before an incident occurs (reducing the actual incidents of physical violence).

Programme Partners

- Invercargill City Council - funding
- Ministry of Justice - major funder
- Community Trust of Southland - funder
- ILT Foundation - funder
- Stopping Violence Southland - referral agency
- Schools and training institutions - referral agency
- Police - referral agency and assisting with specific session.

Programme Participation Results

- 100% stated that the programme was useful or very useful
- 96% completed the programme (one stopped because of ill health and will complete in the future)
- 100% developed a safety plan which they can amend as situations change.

Action Plan to do Better

We have learned that screening young women to select ten who will work best together is important, whilst ensuring no-one waits too long. It is important for the facilitators (2/3) to meet following each session to consider any modifications for the next session.

Participants Stories

"A" was a young immigrant woman who was in a physically abusive and very controlling relationship

with her husband. She had been assaulted throughout her pregnancy. Her husband has had his immigration status revoked and he has been ordered to leave New Zealand because of the domestic violence. He had told her he was taking their two children with him when he leaves. "A" has told him that this is not going to happen, has stood her ground and the children are now to remain in New Zealand under her care. "A" has said she would not have had the courage or the strength to stand up to him prior to doing the programmes.

"B" is a very young woman who has always been quietly spoken and shy and always had her head down when spoken to. "B" has become a confident person and is now able to speak up for herself and will take her child to the park to play instead of staying inside with the child, hiding away.

"C" Was in an abusive relationship when she began the programme. During the programme she found the strength to tell her partner to leave. The relationship ended and she has been able to ring the Police when

she needs to. "C" has said she would never have rung the Police. "C" is now on her own with her three young children and living violence free.



CASE STUDY 2

Road Safety Southland's 'Road Safety Education Plan' for 'Whole of Life' Road Safety Education

Introduction:

Road Safety Southland believes that road safety education during early childhood and school years plays an important role in laying the foundation for safe road use through life. To achieve this Road Safety Southland has adopted 'world's best practice' that is an evidence and strength based approach to

Road Safety Southland's 'Whole of Life' Road Safety Learning Framework

| | | | |
|--|---|--|---|
| <p>Education for early childhood and families/whanau</p> | <p>Education for pre-school and primary school students</p> | <p>Education for junior and senior, high school, students</p> | |
| <p>Improve road safety education to families and increase access to it</p> | <p>Improve road safety education to young people and access to it.</p> | <p>Improve road safety education and raise public awareness</p> | |
| <p>Programmes</p> | <p>Programmes</p> | <p>Programmes</p> | <p>Programmes</p> |
| <ul style="list-style-type: none"> • First Gear • Seen and Safe • BrightSparks • Glo Bro • Child Restraints | <ul style="list-style-type: none"> • Vests 4 Schools • School Travel Safe • Train the Teachers • Safety Belt Police • Share the Road | <ul style="list-style-type: none"> • SADD • Train the Teachers | <ul style="list-style-type: none"> • Safe Vehicles • Sport Sponsorship • At Risk Youth • Alcohol • Speed • Restricted Drivers |

early intervention and prevention of road crashes and related trauma in later years of life. We believe that road safety education should be an integrated and sustainable “everyone is responsible” approach that starts with parents/carers, families/whanau and educators working together to achieve ‘whole of life’ road safety education. To ensure regular and consistent delivery through the early childhood and school years a priority for our approach for our road safety education is that it links to school curriculum frameworks.

CASE STUDY: Seen and Safe Programme

Seen and Safe;

is a collaborative programme that started in Southland in 2009. Seen and Safe’s key partners are Plunket, Road Safety Southland, NZ Police, Awarua

Whanau Services,

The Warehouse (who kindly support the cost and supply of children’s hi-viz vests and cycling helmets) and Public Health South.

The Programme:

During 2 year old Well-Child visits, every child who is checked by Plunket staff receives a voucher for a free cycle helmet and hi-viz vest. To receive the vest and helmet the voucher must be redeemed at Southland Plunket Car Seat Service outlets. During the visit Plunket staff provide road safety information to the family/whanau along the lines of ‘parents are the first teachers’. At this same time child restraints are checked and advice is given to the family/whanau about the importance of safe installation and proper use of child restraints.

History:

2012-13 referrals from Awarua Whanau Services and other Health Services were included into the programme.

2014-2015 NZ Plunket engaged with Public Health South, the provider of B4School checks for referrals for children who had missed the 2yr health check and engagement.

2014-2015, due to a reduction of funding Road

Safety Southland was unable to financially support this programme. To keep it running Plunket raised other support and sustained the programme for this financial year.

2014-2016 Plunket formed a partnership with The Warehouse who support the purchase of cycle helmets and hi-viz vests.

Reason for Project:

Today we have, what is more commonly known as, “backseat children” who, because they are being driven to school, are failing to develop an understanding of road safety, their roads and roadside environment or their role and responsibility for keeping safe. Children who have not practised or been taught road safety awareness are more vulnerable when starting to drive on their own. Research says that around two years of age children become more independent and families are more open to influence. Therefore, we believe, it is important, at this stage, to encourage families/whanau to start educating their children by modelling good road safety habits and behaviours. Positive reinforcement of road safety education during early years plays an important role in laying the foundations for safe road use throughout life.

Objectives:

Deliver road safety learning that is responsive to individual families extending strengths, knowledge and interests.

Strengthen the effectiveness of key partnerships.

Reduce the likelihood of all road crashes occurring.

Evaluation/s:

| Financial Year | Number of Families Reached | Number of Child Restraints Checked | Error rate of Child Restraints |
|--------------------|----------------------------|------------------------------------|--------------------------------|
| Feb-June 2009 | 270 | 438 | 30% |
| 2009 - 2010 | 1075 | 1,495 | 35% |
| 2010 - 2011 | 854 | 1,120 | 34% |
| 2011 - 2012 | 803 | 1,084 | 32% |
| 2012 - 2013 | 1,014 | 1,143 | 31% |
| 2013 - 2014 | 866 | 1,117 | 25% |
| 2014 - 2015 | 829 | 1,009 | 24% |
| 2015 - August 2016 | 104 | 156 | 21% |

Monitoring:

We have not recorded the number of adults or caregivers spoken to - and have instead recorded the number of children who have visited the Plunket rooms to redeem their voucher. In many cases there were at least 2 adults (parents, caregivers, grandparents, family friends, other family members) present at the time. Often there are siblings of the child present and this gives an opportunity to engage with them and reinforce messages they received at 2 years.

Objectives and Successes:

The anecdotal success of this programme, coming from families/whanau, schools and other health providers, is becoming more and more frequent as the programme develops with time. During early childhood education and primary level learning, it is not uncommon for children to role play road safety in the playground and share stories at story time.

The error rate for fitting child restraints has dropped from 35% in 2009 - 2010 to 24% in 2014 - 2015

Deliver responsive road safety learning

Education idelivered is from 'worlds best practice' for road safety learning

Over the past 7 years 5,815 families who have 2yrs olds have been reached

Strengthen Partnerships

Key partnerships have strengthened and new partners hips have been established. to enhance the programme

Reduce the likelihood of road crashes occuring

In Southland, over the past 5 years, young road user road crashes have decreased by 50%

The Future:

It would be difficult and too costly for us to draw a connection between early childhood road safety education and a reduction in road crashes in the later years of life. The 50% reduction in road crashes, reported above, will have other factors included that may or may not be attributed to age appropriate road safety education. For us to be able to understand and prove the retention of our road safety messages and any subsequent reduction in crashes may almost be a bridge too far to connect.

In saying this, we know that we have missed some key opportunities for collecting crucial data that may/may not support this road safety learning framework in Southland.

Therefore we are planning ways to pursue a more integrated and evidenced based approach that should help us to follow children through their education years. We hope to do this by getting permission from the families/whanau who participate in this programme.



CASE STUDY 3

Health and Safety Training

Population Result

In the Southland Region the three Territorial Local Authorities and Environment Southland are working collaboratively to provide staff training. The training of staff in health and safety in the workplace and the new act is imperative if all employees and volunteers are to return home safely each day.

The Story

Health and Safety in the workplace is an ongoing challenge for all employers. The Act has been

reviewed and the new act comes into force in April 2016. Gaining staff buy-in to health and safety is imperative if people are to go home safely each day.

NZ has experienced some tragic workplace accidents in recent years. The Pike River mining accident in 2010 and ongoing accidents on farms and in the forestry industry are well known by the public.

Programme Performance

Description: Four half day (3 hour) sessions were held over two days in November 2015. All staff and Councillors from the four councils travelled to Invercargill to attend one of the four trainings. Each workplace negotiated times to suit their staff.

The training began with a video on the Pike River incident highlighting the range of factors that the court enquiry believes contributed to the disaster. This alerted staff to the wide range of factors that can contribute to an incident occurring.

The second part was a presentation by a keynote speaker, husband and wife, who told their personal story about a work place accident in their family forestry business. This led to the death of their son.

The third part of the presentation was a formal presentation on health and safety and the new legislation.

Contribution to "Turning the Curve"

The use of the video and the keynote speakers sensitised the staff attending to the reality of accidents in the workplace and "friends and family" not making it home from work. The audience was then receptive to the more formal information required to ensure staff are alert to possible dangers and the importance to eliminate or minimize dangers.

The programme was held recently and changes in attitudes to health and safety and reporting of near misses cannot be measured yet.

Programme Partners

- Invercargill City Council
- Southland District Council
- Gore District Council
- Environment Southland
- Health and Safety in Employment Consultants

Programme Participation Results

- 89% of attendees reported the programme was useful or very useful
- 97% of staff from the four Council's attended
- 100% of staff who completed the evaluation form stated they had learnt something useful.

Action Plan to do Better

Having staff attend which ever session worked best for their work situation resulted in a mix of trades and workplaces attending together. There may be some advantages in having similar workplaces attend together. E.g. office based staff attend together and those working outdoors attending together.

Participants Stories

A. Learning more about the Pike River disaster was an eye opener. Seeing the impact of the directors call for profit as against spending funds on safety features was important learning.

B. Hearing the family story and realising how easy it was for one person to take a short cut and result in a tragic accident. Taking the time to check and make sure what we are trained to do is the way we work is vital.



CASE STUDY 4

Taitamariki Oranga Programme

What did we do?

We deliver a programme aimed at 10- 13 year old Maori in Invercargill.

We work with young people to reduce the impact and risk of substance misuse. Substance misuse and addiction may be already a part of the whanau dynamic.

Maori are over represented in health and social issues in New Zealand. We work with Taitamariki to build confidence, resilience and life skills. We aim to broaden horizons and help young people realise their potential.

We work, one on one, with Taitamariki, to foster positive engagement in the community, create bonds with school, sporting clubs and other external agencies to help Taitamariki to be more resilient and positive.

We develop a whanau plan of action with the Tamariki and work to identify opportunities for support and guidance. We work alongside the Whanau to help them navigate through this plan and achieve goals that they have identified.

How well did we do it?

We engage with schools, mental health providers, CAFS, Special Education, Truancy, CYF, NGO's and other community organisations to refer to our service.

We have promotional cards and information relating to this service on our website, www.kaitahu.maori.nz

We have been delivering this service for the last 3 years.

We have two allied workforce kaimahi who deliver this programme. They have a client load of 25 Whanau per person.

We deliver holiday programmes and camps to further engage the Tamariki.

We deliver a homework group during the school term to assist students on the programme. This focuses on resourcing for the Tamariki, cultural components, support and learning in a well resourced environment.

Our programme was externally evaluated during its inception for 2 years.

Is anyone better off?

Whanau are often in a place of accomplishment once finished. There are milestones which may include

- Increased cultural awareness.
- Stronger bonds with Whanau and School.
- Knowledge of other support organisation's in the community.
- Taitamariki actively engaged and supported in school.
- Whanau literacy skills improved.
- Taitamariki have broadened their horizons through new experiences.
- Taitamariki social skills are improved through group work.

Lesson Learnt

- Taitamariki Oranga provides ongoing support for Taitamariki and their Whanau.
- Networks in the community change constantly and we need to ensure our service is profiled accordingly.
- Professional Development and being up to date with trends is integral to being able to work with young people and their whanau.





Criteria

6

Communication & Networking

Safe in the South supports and actively participates in local, national and international Safe Communities networks. We are committed to collaborating with key stakeholders and agencies from a wide range of sectors in order to build a safe community. Participating in National and International Safe Communities initiatives has been a great way of sharing the knowledge and expertise from experienced communities. Currently Safe in the South receives regular updates from SCFNZ in newsletters and uses the community area of the web site. The National Safe Communities Forum was attended by representatives from our community for 2 consecutive years. We have also actively utilised resources available on SCFNZ web-site including fact sheets, guideline documents and recorded webinars.

Networking with other safe communities and SCFNZ has been a valuable source of experience and knowledge while working on the present accreditation document and the planned site visit.

Once accredited we see an opportunity for spreading the message of the positive effect of safe communities through the web sites and social pages of key stakeholders; passing the information on to our sister cities Suqian, China and Kumagaya, Japan.

Our plans for the future are to enable a more sustainable approach to building a safer community. To continue to participate and seek mutual support and communication, exchange of information on effective initiatives and useful resources. Develop, guide and support the effective implementation of an evidence-based approach to Safety in the South.





Appendix:

We have used existing networks and meetings/hui to inform the community about the Safe Communities Programme and gain buy-in. This has included presentations to the Mayoral Forum, and Council meetings; attendance at meetings of many existing networks across the region including the Southland Interagency Forum, Combined Disability Network, Youth Workers Network, Family Violence Network.

We have also held three hui specifically focussing on the Safe Communities programme. Hui attendees identified Community, Family, Workplace, Road and Fire as work streams; while Alcohol and Youth go across all four work streams as contributing factors.

Programmes already underway in our community have been based on the latest evidence available. Each lead agency ensures programmes that might be ongoing are reviewed and modified based on latest evidence and the outcomes of previous programmes. The table lists programmes that are ongoing or have been undertaken in the last 2 years.

Community

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|---|---|---|---|---|
| Emergency preparedness | | | | | |
| Disaster welfare | Red Cross and Support and Emergency Preparedness | Emergency management and preparedness | Proven need following ChCh earthquakes | Community/ primary schools/ secondary schools | Assistance and support when needed Increased community resilience. |
| First Aid | Red Cross | Learn first aid skills | Adults and Children requesting to learn first aid | Community/ primary schools/ secondary schools | People are prepared for an emergency or disaster |
| Get Ready Get Thru | Civil Defence | To be prepared for an emergency | Proven need | Whole population | People are prepared for an emergency situation |
| Shake Out | Civil Defence, local businesses and organisations | Earthquake awareness | Proven need | Whole population | People are prepared for an earthquake |
| Suicide and self harm | | | | | |
| Kia Piki te Ota | Nga Kete Matauranga Pounamu Charitable Trust | Harm minimization. Building community capacity | Maori Public Health approach from Ministry of Health. Statistical evidence shows that Maori are over represented in suicide statistics. | Maori all ages | Reduction in suicide incidents |
| Southland Suicide Prevention Network. | Public Health South and community partners. | Suicide Prevention. | Local response to Regional and National Strategic plans. | All ages | Reduced suicide and suicide attempts, raised awareness of signs, symptoms and actions to take, dissemination of print resources, research and best practice guidelines. |
| ASIST suicide aid course | Public Health South, Lifeline Aoteroa, Ministry of Health | To recognise suicidal signs; raise the issue of suicide, know where to access further support | 500 + lives lost every year in NZ to suicide, many more attempts. | All ages | Responsive and supportive community with competence and confidence in talking about suicide and making appropriate referrals for assessment and treatment. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|----------------------------------|--|---|---|--|
| Rural Life: Keeping the Balance | WellSouth Primary Health Network | A workshop and associated resources that teaches participants how to recognise the signs of stress and other mental health problems, how to talk to someone when they are concerned and how to guide someone towards appropriate support. The workshop raises awareness of stress and mental health problems, reduces stigma and encourages people to make talking about mental health part of their everyday conversations. | While there is limited research on the evaluation of interventions to improve mental health/wellbeing or to increase mental literacy in rural or remote communities. The content of the workshop and resources is evidenced based and has been reviewed and recommended by mental health professionals. | People living in rural communities throughout Otago and Southland with a particular emphasis on farmers and those working in the agribusiness sector. | To increase mental health literacy and help seeking behaviour. |

Crime Prevention

| | | | | | |
|-----------------------------------|-------------|---|---|--|---|
| Blue Light Camps for Youth | Police, ACC | To deliver 'no drink no drugs' message, stop young people from becoming an offender or victim of crime, encourage healthy and safe socialization. 6 out of 10 camps have been run across Southland (Including Gore): pre and post camp evaluation takes place with the students | Statistical and youth justice evidence that young people committing crime and finding themselves in difficult situations have been using alcohol and other drugs. | Year 7, 8 students for the junior camp and the senior students for the senior camps. | Students are able to use the lessons learnt when in situations where alcohol is present. Healthier and safer relationships have been with the family and police built |
|-----------------------------------|-------------|---|---|--|---|

- Youth
- Elderly
- Farmers
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- Alcohol
- Road
- Home
- Public Place

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|---|---|---|--|---|
| Out of Gate | Family Works, Department of Corrections | A service for women released from prison into the Southland Community. Assisting them to integrate successfully back into the community and stay out of prison. | Getting access to a range of re-integration support can steer people away from committing further crime | Any adult female who has served under 2 years in a prison. | Participants learn new skills and do not return to prison. Re-offending is reduced. |
| Neighbourhood Support | ICC - Police, NZFS | Turn streets into neighbourhoods, foster community spirit, reduce crime, help vulnerable people | Residents have reported that when they get to know others in their neighbourhood they feel safer and able to share fears. | Invercargill Residents | Reduced crime, people know essentials of protecting their properties, looking after their neighbours, helping if help is needed |
| Night lighting of Dog Park | South Alive - Council, South Alive Dog Park Group | People exercising their dogs after dark, particularly in the winter feel unsafe at the dog park. | CPTED lighting principles - providing appropriate lighting reduces the risk of crime occurring in the lit area. | Whole Population | People exercising their dogs after dark feel safe. |
| Operation Zero Rubbish | South Alive - those who adopt a street | Litter and general untidiness in streets and reserves | As above | Whole Population | Tidy streets where people feel safe and secure. |
| CACTUS (Combined Adolescent Challenge Training Unit & Support) - a boot camp style venture. | NZ Police, education providers | Providing motivation, giving direction, discipline and teamwork with the aim of keeping youth out of the justice system | Police Stats | High school students | Less young people in the youth justice system. Increased numbers of young people move to training and employment opportunities. |
| ROCKON (Reduce our Community Kids Offending Now) | NZ Police, Ministry of Education, Truancy services, High Schools, MSD-CYF | Aimed at decreasing truancy rates and keeping youth in school | As above | Youth and their parents | Young people return to regular school participation |
| Maori Wardens Community Patrols | Murihiku Maori Wardens, National Maori Wardens organisation, NZ Police, community funders | Violence on the streets and at events. Feelings that the city is a not a safe place to be. | Police crime statistics. Council liquor licensing staff reports indicate need for assistance to get people home safely. | Whole community, family | Reduction in crime statistics |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|---|--|---|----------------------------|--|
| Health | | | | | |
| Free clinics for Pacific peoples | Pacific Island Advisory and Cultural Trust - Whanau Ora / Government Agencies - MSD | Provide Pacific People free clinics, include Social Work, mental health, and community workers | Maori are disadvantaged in accessing health and social services and as a consequence experience poor health outcomes. | Pacific communities | Healthy families living healthy lifestyles. Reduction in obesity and smoking in Pacific community |
| SunSmart | Cancer Society -Otago & Southland - Pacific Island Advisory and Cultural TMG | Reducing skin cancer risk. | Southland is known to have dangerous UV levels and health statistics show increasing incidents of melanoma | Pacific communities | Healthy families living healthy lifestyles. Reduction in obesity and smoking in Pacific community |
| Smokefree | Cancer Society -Otago & Southland | Reduce tobacco-related harm in our community. Provision of smoke free areas increases positive role models and healthy environments | Health statistics show Southland still has high levels of people taking up smoking and continuing to smoke. | Whole Population | Increased positive role modelling of smoke free lifestyles and environments. Reduction in the numbers smoking. |
| Little Lungs: Pukahukahu Iti | Well South Primary Health Network and the Southern DHB | Promoting the Government's goal of a Smoke-free Aotearoa by 2025 to the education sector; discussing ways to disseminate Smokefree cars and homes messages, and supporting early childhood educators to develop and integrate consideration of Smokefree whanau into their everyday professional practice. | Evidence for specific interventions aimed at addressing smoking in early childhood settings is limited. However, there is a wealth of evidence to support the development and implementation of health promotion programmes in the early childhood setting. | Early childhood educators. | Reduction in children's exposure to second hand smoke and to normalise Smokefree environments. |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|---|--|---|---|--|
| Smokefree Environments | Public Health South (PHS), Cancer Society, Heart Foundation | Increasing the number of smokefree outdoor spaces, events and organisations in the community | Monitoring of quitting behaviours and attitudes | People who use tobacco Local Government in our region | Community spaces, events and organisations are smoke-free. Smokefree becomes the norm. Children and young people are not exposed to smoking. |
| Smokefree workplaces | PHS smokefree team | Working with workplaces to develop support for smokers to quit and policy to support a smokefree workplace | Number of staff knowing about the supports available to make stop smoking attempts | People who use tobacco | Number of smokefree workplaces No of referrals to stop smoking services |
| Smokefree Schools Audit | Public Health South | Auditing school compliance with the smokefree environments act. Updating signage and looking at policies | Prevent exposure of children and young people to second-hand smoke Normalise smokefree | Secondary schools | Three school audits completed in Southland |
| Quit card training | Nga Kete Matauranga Pounamu Charitable Trust | Harm minimization Building community capacity | Number of people trained | Staff in workplaces Rest homes, schools and other community and work places | Improved access to nicotine replacement therapy for people wanting to make a stop smoking attempt |
| Registered Nurse and General practitioner Free Clinical Services | Number 10 Southland Youth One Stop Shop | All aspects of health related issues | Health statistics and surveys of young people show that young people are reluctant to attend the same health providers as their families. | Young people aged 10-24 years | Improved health outcomes for young people in Southland |
| High needs voucher scheme | Well South Primary Health Network | The WellSouth Voucher programme is for patients who are unable to pay and, without the voucher, would not visit their GP/Practice Nurse or pharmacy. | | Residents in Otago & Southland who have an urgent health need but without the voucher would be unable to pay for the consultation or medication they require. | To increase access to primary health care for vulnerable persons |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|---|---|---|--|--|
| People with Disabilities | | | | | |
| Employment for people with disabilities | Southland Disability Enterprises - IDEA Services, NZAS, Local Government, CCS Disability Action | Unemployment, low self esteem, empowering the community | The number of people applying for employment opportunities in Southland is high and people with a disability are missing out unless supported through the process. | People with a disability | Increased employment opportunities for people with a disability |
| Living Valued Lives | Southland Disability Enterprises - IDEA Services, NZAS, Councils | People with intellectual disabilities often become isolated and lonely. They get abused, manipulated. | Statistical evidence that people with an intellectual disability require support to live in the community and take part in mainstream activities. People receiving this support do not require institutional support. | People with any disabilities | People with a disability are safe in the community |
| Residential programme | IDEA Services - CYF / MSD as funder / Work and Income / Mental Health / Public Health South / MOE / MOH - funder / Churches - East-side Baptist | Living Options that meets the individual needs of people with intellectual disabilities. People who require more staff support are able to access this. | As above | People with an intellectual disability | People with a disability are safe in the community living in supported accommodation |
| Supported independent living programme | IDEA Services - CYF / MSD as funder / Work and Income / Mental Health / Public Health South / MOE / MOH - funder / Churches - East-side Baptist | To provide more independent living options for people with intellectual disabilities | As above | People with an intellectual disability | People with a disability are safe in the community enjoying activities with others |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|------------------------------|--|---|--|--|--|
| Vocational Programme | IDEA Services - CYF / MSD as funder / Work and Income / Mental Health / Public Health South / MOE / MOH - funder / Churches - Eastside Baptist Invercargill Environment Centre. YMCA, CS Art, CycloFit - Cycling Southland | To provide meaningful opportunities to learn and develop new skills. To provide meaningful activities for people to access. | People taking part require less medication as they have higher self-esteem. | People with an intellectual disability | People with a disability are safe in the community living in their own homes. People can access their community safely. |
| Home Support | IDEA Services - CYF / MSD as funder / Work and Income / Mental Health / Public Health South / MOE / MOH - funder / Churches - Eastside Baptist | Support for people to access their community and activities within their community. | People taking part require less medication as they have higher self-esteem. | People with an intellectual disability | People with a disability are safe in the community living in their own homes. People can access their community safely. |
| Books on Prescription | WellSouth Primary Health Network and libraries in Otago & Southland | Psychological treatments have been made available to a much wider range of people, by extending the self-help method. Book are available in all libraries in Otago & Southland on mild to moderate mental health issues, e.g. panic attacks, eating disorders, anger, obsessive behaviours. | The programme is running successfully as a national scheme in the United Kingdom. Evidence shows that bibliotherapy for the treatment of mental health problems can be just as effective as other forms of therapy, such as counselling or medication therapy. | Residents in Otago & Southland who have mild to moderate mental health issues. | To increase understanding and knowledge of mental health issues. To provide practical support for patients and clinicians to improve mental health outcomes. To decrease the stigma of mental health issues. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|--|---|--|--|---|
| Primary Mental Health Brief Intervention Service (BIS) | Well South Primary Health Network and the Southern DHB | <p>When mental health is affected this can lead to changes in emotional needs, behaviours, communication and thinking.</p> <p>The service offers people with mild to moderate mental health issues free access to the Brief Intervention Team through a referral from their General Practitioner. This can include up to five sessions of support, assessment, treatment OR referral to appropriate agencies.</p> | <p>There is usually no single, specific cause for mental distress and contributing factors may be hard to separate and identify. Often there has been emotional stress or difficulty adjusting to adverse events.</p> <p>Early treatment is important and increases the chances of a rapid recovery. An emphasis on what strengths and abilities the person has to help them through this time will enhance their ability to maintain that recovery.</p> | Residents in Otago & Southland who have mild to moderate mental health issues. | To help people identify and manage their mental health distress and learn techniques and strategies to help them in the future. |
| Seniors | | | | | |
| Senior Friendship | South Alive | Senior residents living alone and feeling unsafe and disconnected | South Alive have held a series of public consultation sessions and surveys which identified the programmes and services required in the area. | Senior Friendship | Seniors feel safe in their own home and in their communities. |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|--|--|---|---|--|
| Good Health and wellbeing for people 65 & over <ul style="list-style-type: none"> • Nutritional meals - takeaways & dine in. • Exercise classes • Social outings & activities • Senior Chef Workshops | Age Concern Centre | <ul style="list-style-type: none"> • Falls prevention • Malnutrition leading to fractures and other health issues. • Social isolation | NZ Positive Ageing Strategy 2015 | 65 years & over | Better nutrition Falls prevention Social connectedness Improved health outcomes |
| Accredited Visiting Service | Age Concern Hospital Services Health Professionals Social Workers Family & Friends NZ Police | <ul style="list-style-type: none"> • Social isolation & loneliness | Age Concern Nation Office research, Written Surveys & Evaluations from Clients, Community & Professionals feedback | 65 years & over | Socialization Better physical and mental health Less hospital admissions Delayed entry into residential care |
| Education on Elder Abuse and Neglect | Age Concern Rest homes Community Organisations Community Law, Public Health South, Clinicians involved with Age Care, NGOs | <ul style="list-style-type: none"> • Elder Abuse & Neglect Prevention • Topics associated with older people's needs. | Ministry of Health & Age Concern NZ. Family Commission. Statistical evidence of the increasing incidents of elder abuse in Southland. | Whole community <ul style="list-style-type: none"> • Age care staff • Community organisations • Public • Older people | Greater awareness of Elder Abuse. Increased reporting of abuse Skills & knowledge development Respect for all ages. |
| Workshops <ul style="list-style-type: none"> • Learn how to reduce risk when using the internet. • Why you need an Enduring Power of Attorney. | Age Concern Poppycock Trust John Parsons Community Law Associate Law Firms Banks | <ul style="list-style-type: none"> • Protection of online identity. • E-mails scams, identity theft, and cyber-crime. • How to make plans if you are no longer able to make decisions for yourself. | Statistical evidence and media stories about the ongoing numbers of older people being targeted by scammers and others. | Older people & their families | Greater awareness of workshop subjects Skills and knowledge development Increased self determination |
| Personal Alarms | District Nurse SDHB, medical centre | Information available on options and costs and advantages | Medical centre and family members asking that this information is shared with clients. | Elderly and disabled | People living alone are safer |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|---|---|--|--|---|
| Senior citizen and living alone luncheon's and other activities | Takitimu Community Development Committee Inc | People living alone and the elderly report that they feel afraid and lonely because they see no one day after day | Public health and district nurses report that if the target group are given the opportunity to meet others they cope better on their own | All senior citizens and those living alone in the area | Those living alone and the elderly stop reporting they are lonely. They stop phoning police about imagined crimes |
| Water Safety | | | | | |
| Day Skippers course | ICC and ILT, Rugby League / Coastguard / Water Safety NZ | To gain essential boating knowledge and safety | Drowning is a third highest cause of unintentional death in New Zealand | Young people | Increased kids` chance of surviving in the water. Reduction in drowning statistics. |
| Swim Safe Southland | Water Safety NZ, Splash Palace, Southern REAP, Swim Safe Southland, Sport Southland | Reduce fatalities and serious injuries when in water. Promote water safety | As above | Primary and junior students of rural schools | 65% of kids participating reach the benchmark. Increased chances of survival. Reduction in drowning statistics |
| Sealord Swim for Life; Learn to swim | Splash Palace, ILT, Water Safety NZ, Sealord, schools | Reduce fatalities and serious injuries when in water. Promote water safety. Learning water safety skills, starting from floating, in a safe environment | As above | Primary school students and Junior High School students | Increased kids` chance of surviving in the water. Reduction in drowning statistics |
| ILT School swimming programme | Splash Palace, ILT, ILT foundation, | Learning water safety skills, starting from floating in a safe environment | As above | Invercargill City primary and junior school students, including those with special needs | Essential water survival skills are learnt e.g. floating. Drowning statistics reduce. |
| Survival skills Use of Life jackets Use of flares to signal in water Locating EPIRB (Emergency Position Indicating Radio Beacon) | Splash Palace | Promote water safety, reduce fatalities and serious injuries on water | As above | Whole population | Essential water survival skills are learnt. Drowning statistics reduce. |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|-------------------------------|---|--|--|---------------------------|---|
| Boating safety | Splash Palace | Promote water safety, reduce boating tragedies | Evidence from court enquiries confirms many boating tragedies are caused by an error in judgement relating to equipment, the weather or behaviour | Whole Population | Increased chances of surviving in case of a tragedy on a boat. Reduction in boating incidents and drowning statistics. |
| River safety | Splash Palace | Promote water safety. Teach to read the tide and currents in the river | Drowning third highest cause of unintentional death in New Zealand | Whole Population | Reduction in statistics of drowning and near misses in rivers |
| Swim School | Splash Palace | Promote water safety and learn essential survival skills | Drowning is the third highest cause of unintentional death in New Zealand | Whole Population | Increasing number of people sign up for classes both urban and rural population. Reduction in drownings and near misses. |
| Oreti Surf Life Saving | Surf Life Saving New Zealand | Make Oreti beach a safe place to visit and participate in aquatic activities | As above | Whole Population | All the life-guards, highly trained in First Aid and Surf Life Saving make Oreti Beach a safe place for leisure activities. Reduction in drownings and near misses. |
| Migrants | | | | | |
| Connected Communities | Local Settlement Network - REAP, Dairy Women's Network, Southland English Language Partners, Rural Women, Community Workers | Social isolation for female migrants and older migrants | Settlement Support, rural community workers and Southland Multicultural Council report that migrants are telling them they have difficulty connecting with services and other residents after moving to Southland. | Female and older migrants | Female and older migrants know where to seek help. Family violence issues reduce. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|---|--|---|--|--|
| Information Hub | Local Settlement Support Network - CAB, churches, community workers | Access to information. | As above | Migrants in rural communities and towns | Migrants know where to go for information |
| Cross Cultural Awareness | SIT - Southland Multicultural Council | Low tolerance of cultural difference within communities | As above | Migrant youth and SIT international students and their peer groups | Incidents of racial abuse reduce. Communities understand differences between cultures. |
| Migrant Face-to-Face Information Service | Citizens Advice Bureau Invercargill. Citizens Advice Bureau New Zealand. Immigration New Zealand. Other community organisations in our community - Community Law Centre, Multicultural Council, English Language Partners | Assisting new migrants to our community to become well orientated to life in Southland | As above | <ul style="list-style-type: none"> New Migrants from a range of countries who have arrived in Southland to live work and/or study. Migrants who have been in New Zealand for some time are in contact with services, organisations and groups in our community to support them | Migrants, new and longstanding, are well settled and contributing members of our community |
| Warm Healthy Homes | Southland Warm Homes Trust - ICC Eco advisor, insulation installers, health professionals, landlords | Cold damp, structural unsafe homes. | Health statistics show that living in cold damp homes is contributing to ill-health and admissions to hospital. | Migrants and low income families | Unsafe homes are identified and a maintenance plan is put in place. Cold damp homes are insulated. |
| Engaging Community | | | | | |
| Southland Warm Homes Trust | Awarua Synergy - PowerNet | Cold damp homes with insulation | Wellington School of Medicine Warm dry homes and EECA | Low income with high health needs | Warm dry homes |
| Taku Manawa Murihiku Human Rights Group | Public Health South, MSD-CYF, Southland Community House, Family Violence Focus Group SF Southland and interested individuals in the community | Human Right's in the Community | Human rights of priority to local community | Whole community | Increased awareness and community action with a human rights approach |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|--|---|---|--|---|
| Girls Group programme | Number 10 Southland Youth One Stop Shop | Identity, bullying, stress, physical activity, life skills, self-esteem/confidence, relationships and belonging | RBA Evaluated and monitored annually | At risk/vulnerable young females aged 10-24 years | Young people feel connected with themselves, their whanau, and their communities while preparing them for adulthood |
| Boys to Men programme | Number 10 Southland Youth One Stop Shop | Identity, confidence, communication, teamwork, values and life expectations | RBA Evaluated and monitored annually | At risk/vulnerable young males aged 10-24 years | Young people feel connected with themselves, their whanau, and their communities while preparing them for adulthood |
| The Creative Arts Youth Group | Number 10 Southland Youth One Stop Shop | The aim is to provide opportunities for empowerment, voice, introspection and confidence through art | RBA Evaluated and monitored annually | Young people aged 13-17 years | Freedom of expression and confidence within young people |
| Number 10 Radio Group | Number 10 Southland Youth One Stop Shop • Radio Southland | Giving youth a voice in the community, social skills, interpersonal skills, communication skills, confidence, leadership skills and youth communicating to youth about youth topics | RBA Evaluated and monitored annually | Young people aged 10-24 years | Youth communicating with and for youth while becoming leaders/role models within their communities |
| Number 10 Rangatahi Sport Tournament | Number 10 Southland Youth One Stop Shop Sport Southland, ILT Stadium Southland, Volleyball Southland Basketball Southland, Netball Southland | Team work, sport and activities, leadership, engagement, socialisation, confidence, self-esteem, participation | Annual event as a result of feedback from participants. | Youth aged 13-17 years studying within alternative training establishments | Engage young people in sporting activities, raising awareness of active and healthy lifestyles, team work, leadership, participation and an opportunity to showcase their abilities and realise their potential |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|--|--|--|--|---|
| Budget Advice | Number 10 Southland Youth One Stop Shop | The aim is to provide opportunities for empowerment, voice, introspection and confidence through art | RBA Evaluated and monitored annually | Young people aged 13-17 years | Freedom of expression and confidence within young people |
| Budget Education | Jubilee Budget Advisory Service NZ Federation of Family Budgeting Inc Christian Budgeting NZ, Other Community Agencies for support/advice, Work n Income/ IRD Government Agencies Training Institutions | Budgeting Education Talks and Workshops Information talks Seminars | There is a huge need for budget advice and education in the community. The numbers using our service are constantly increasing | Invercargill and surrounding Southland areas Teenagers - all ages | All participants would have learned how to complete a budget |
| School Holiday programmes (including art day) | Jubilee Budget Advisory Service NZ Federation of Family Budgeting Inc, Christian Budgeting NZ, Foodbanks, Other Community Agencies for support/advice, Work n Income/ IRD Government Agencies | Budget Advice and information Support in paying off debts Support in insolvency issues, (especially Summary Instalments Orders) Negotiation with Creditors Debt Repayment Creditors Pools | There is a huge need for budget advice and education in the community. The numbers using our service are constantly increasing | Invercargill and surrounding Southland areas Teenagers - all ages | That all clients will be educated and empowered to handle their own personal finances |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|--|--|--|---|--|
| Specialist Advisory Clinics: Legal Advice Financial Advice Consumer Issues Justice of the Peace | Citizens Advice Bureau Invercargill - identified volunteers. Local legal firms: • Cruickshank Pryde • Eagles, Eagles & Redpath. • French Burt Partners • Hewat Galt • Jeff Walker & Cleland Murdoch • Preston Russell • Schofield Cockcroft Lloyd. Royal Federation of NZ Justices Associations Inc - Southland Branch. Institute of Financial Advisers - Southland Branch. | Providing specialist advice by the experts in their field to support and empower clients in resolving their personal issues. | There is a huge need for legal and financial advice in the community. The numbers using our service are constantly increasing | Clients who require specialist advice in order to resolve issues that they face individually or collectively as a family unit | Clients understand their rights and responsibilities in a range of situations. Clients are empowered and capable of resolve issues in a positive way for their identified best outcome. |
| General Enquiry Service | Citizens Advice bureau Invercargill Citizens Advice Bureau New Zealand | Clients who need to locate an organisations, service or group. | There is a huge need for budget advice and education in the community. The numbers using our service are constantly increasing | Invercargill and surrounding Southland areas Teenagers - all ages | Clients understand: their rights and responsibilities Know of the community based resources that are available to them. Are empowered to resolve issues that arise for them in any aspect of their lives |
| General counselling | Alliance Counselling, general private practice of Monty Temple in Te Anau, Mossburn and Lumsden areas. | Addressing a wide range of issues that can be risk factors, such as DV, anxiety, depression, substance abuse and suicide | CBT, Solution Focused Therapy, and Narrative Therapy, all with research proven results | Individuals, couples, families, children and young people living in the Te Anau, Mossburn and Lumsden areas | Generally very positive outcomes with lasting change |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Alcohol related harm | | | | | |
| Risk Reduction Alcohol Workshops (RRAW) | WellSouth Primary Health Network | A series of workshops aimed at reducing alcohol related harm, including hazardous and harmful drinking, and to upskill health and social service providers in delivering brief interventions in target populations. | CBT, Solution Focused Therapy, and Narrative Therapy, all with research proven results | Individuals, couples, families, children and young people living in the Te Anau, Mossburn and Lumsden areas | To reduce alcohol harm To increase alcohol related harm reduction knowledge, practices and policies in a variety of settings |
| Drink Safe Workshops | Police, District Licensing Committee, Public Health South | To educate in regards to all important aspects of the Sale and Supply of Alcohol Act from the server to the licensee | The wider public health workforce need to have appropriate education and training with opportunities to share and develop knowledge, skills, confidence and ideas to be able to deliver brief interventions and harm reduction advice with their clients. 'Rising to The Challenge' (MoH, 2012) | Licensed premises including hotels, taverns, clubs, bottle stores, restaurant | Lower levels of harm |
| Liquor licensing • General licensing • Pre meetings for large events • Drink safe work shops | PHS licensing staff Licensing inspectors from councils Local police | Reducing risk of harm in licensed premises | Good host responsibility reduces harms in licensed premises | All licence applications are assessed and reported on | Lower levels of harm Increase in knowledge and skills of licensed premises staff |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| IBAN Invercargill Bar alert network | ACC, Police and PHS licensing staff | Reducing the occurrences and impact of intoxicated people in the CBD attempting to enter licensed premises. | Industry feedback | Young People and Alcohol | Intoxicated / pre-loaded persons cannot enter licensed premises. If a person is removed from premises he cannot enter another. Better and quicker form of communication between premises, police and community patrol. Improvement of patron standards within premises. |
| Afterball project | Police, PHS licensing staff, licensing inspectors, school's parents | Working with school communities to ensure events with young people are safe | Prior to beginning this programme there were repeated incidents of violence and driving drunk following the school balls and parties which were held after the balls | School leavers School communities | The number of afterball events that are supported to follow the guidelines of: Reduced drinking Safe transport Ample food Good entertainment High levels of parental involvement Student lead (with support from agencies and parents) |
| Whole School Approach to Alcohol | Police, PHS Health Promoters, Gore Social Sector Trials, , ADL, Healthy Families Invercargill | Creating supportive environments for secondary school aged students to make healthy choices around the use of alcohol | Multi-dimensional approaches involving school and community are needed to prevent or reduce alcohol and other drug use or related harm | Southland Secondary School communities • BoT members • Senior management • Guidance counsellors • Heads of school health departments | This is a new piece of work in progress with a professional development session for schools being planned for 16 November 2015 1-4:30 A public session with presenter Ben Birks Ang, NZ Drug Foundation/Odyseeey House social worker will be offered in the morning. |

Family

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Support for Young Families | | | | | |
| Young Parents Service | Family Works - Number 10 One Stop Youth Service, MYPLC Teen Parent Unit, Plunket Nurses | Young parents requiring skill development to enhance health, development, education and social outcomes for their children. | Young parents need practical and financial support | Any parent who is under 20 years of age who is pregnant or has a child in their care. | Clients meet their goals and improve relationships. Clients learn new skills or strategies. Child safety issues are addressed. Clients feel better prepared for the future. |
| Pacific Parents Project | PIACT, MSD/ SKIP project, Awaura Health and Social Services, Family Violence Focus Group and Public Health South | Reduced child injury and family violence | Statistics, collaborative approaches to complex social problems | Pacific Parents (with at least 1 child under 6) | People centred project development, increased knowledge of issues related to Pacific Parents in Invercargill and a collaborative community development response customised to identified needs. |
| The Bathmat Initiative | Plunket - Water Safety NZ | To educate new parents on the importance of supervision near water | Most falls and accidents happen in the bath for young children. ACC figures | Young parents | Drownings and near misses in the bathroom cease. |
| Parent in Charge - Matua Whakaruru | Barnardos | To help better understand what it is to be a parent, identify and develop strengths and abilities, build a support network with other young parents | Various studies have shown that young parents lack knowledge and experience to provide sufficient care for their children. Child abuse statistics and Plunket confirm the need. | Young Parents | Young parents feel more confident in their new role, can provide safe environment for their children |
| AMGR8 | Family Works - MYPLC, Number 10 | An MSD approved parenting course for Teen Parents. | Young parents need practical help and information of development of children | Any parent who is 16 to 18 years old who is pregnant or has a child in their care. | Children are raised in a safe environment |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Family violence | | | | | |
| Child Protection Training for Rural Schools | Family Violence Focus Group (network of 23 agencies) | The need for information on child protection awareness, policies and processes | School staff requesting support. Vulnerable Children's Act and the need to comply. | Rural community workers, counsellors, principals and teachers at rural schools | Child protection awareness is increased |
| White Ribbon Campaign; White Ribbon Day | Family Violence Focus Group (network of 23 agencies) | Families are struggling with family violence Promote nationally-based campaign at a local level | National programme event held annually based on participation numbers from previous year and communities requesting the event come to their area. | Whole population | Increase in understanding and reporting of family violence. |
| Family Violence It is not OK; It is OK to ask for Help | Family Violence Focus Group (network of 23 agencies) | Promote nationally-based campaign at a local level | As above | Whole population | Increase in understanding and reporting of family violence. |
| Men's support and Service Development | Family Violence Focus Group (network of 23 agencies) | Support men who are struggling with issues of family violence | Local men requested support group be formed. Attendance and participation monitored to determine progress. | Men | Men feel confident to ask for help and to support each other. |
| Hohou Te Rongo Kahukura - Outing Violence | Ministry of Social Development, Public Health South | To build Rainbow communities in Aotearoa New Zealand free of partner and sexual violence | Many rainbow People cannot report violence because of fear, and many are wary of reporting to the police or anyone else in case they receive homophobic, biphobic or transphobic reaction. Rainbow communities, particularly trans, gender diverse and intersex people, get missed out of large-scale partner and sexual violence research. | Rainbow Communities | Awareness of issues, reduced violence and increased help seeking. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| " Take back the Night" event | GirlGuiding NZ - Family Violence Focus Group (network of 23 agencies) | Prevent sexual violence against women | Request for support for this programme being held by Girl Guiding across NZ. | Whole population | Increase in understanding and reporting of family violence. |
| 12 week Individual Male Respondent Programme Note: With Relationships Aotearoa no longer in the picture, the programme no longer has accreditation with the courts as it once did. It also requires the clients to pay, or for additional funding to be sourced as needed, which can be challenging. | Originally ran by Relationships Aotearoa as provision of court mandated stopping violence programme with male and sometimes female perpetrators of DV. | Women | Awareness around sexual violence is raised, women are encouraged to voice on their issues | Whole population | Increase in understanding and reporting of family violence. |
| 12 week Individual programme for protected persons (victims of DV) Note: same as above | Originally ran by Relationships Aotearoa as provision of court mandated stopping violence programme with female and sometimes male victims of DV. | Identifying and addressing the effects of domestic violence and abuse, assessing and assuring the safety of DV victims and their children. Helping them overcome destructive patterns, heal and overcome the lasting effects of DVA | The programme is very psycho-educational and is well set up for using CBT and teaching clients to use CBT to manage their emotions and actions, especially dealing with anger, grief, depression and anxiety | Men and women who have perpetrated DVA who live in the Te Anau, Mossburn and Lumsden areas | Very positive with a high completion rate and a low level of continued violence |

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| 20 week individual "Family Violence Programme" accredited by Corrections Dept. | Lead agency still being contracted by funder. | Domestic violence and abuse in its many forms and levels. Assuring the safety of victims and perpetrators of DV and helping participants move away from DV and learn safe and effective ways of dealing with conflict and strong emotions | Yes, the programme is very psycho-educational and is well set up for using CBT and teaching clients to use CBT to manage their emotions and actions, especially dealing with anger, grief, depression and anxiety | Men and women who have perpetrated DVA who live in the Te Anau, Mossburn and Lumsden areas | It is the new, very extensive and comprehensive DV programme recently rolled out by The Ministry of Justice. It is understood that the outcomes of the trials have been very positive |
| Children`s Safety | Barnardos, Ministry of Justice | Support children who are victims or witnesses of domestic violence | Ministry of Justice contracted programme | Children between 5-18, | Rebuilt self-esteem to face the future with confidence |
| Pacific Parents Project | PIACT, MSD/ SKIP project, Awaura Health and Social Services, Family Violence Focus Group and Public Health South | Reduced child injury and family violence | Statistics, collaborative approaches to complex social problems | Pacific Parents (with at least 1 child under 6) | People centred project development, increased knowledge of issues related to Pacific Parents in Invercargill and a collaborative community development response customised to identified needs. |
| Fresh Start | Woman`s Refuge - Ministry of Justice (funder), private counselling services, community funders | Women are in unsafe relationships and lack appropriate communication skills. Women who ask for assistance are willing to learn new skills. | Feedback is recorded following each session and each programme is modified to meet the needs of the group. At conclusion of programme a formal evaluation is held. The number of young women requesting assistance to change communication styles and relationships determines continuation. | 16-25 year old women | Women have increased self esteem. Women leave dangerous relationships and begin new "safe" relationships. Reduction in domestic violence statistics. Women are asking to attend the Fresh Start course. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Engaging Families | | | | | |
| Family Friendly Invercargill | Invercargill City Council. Partnered with community organisations and businesses. | Building a city where people live in a friendly environment. Identifying areas where community can respond and address issues. | Based on community development principles and previous documentation, such as the Invercargill Point of difference report (2010) and Our Way Southland study. | Whole community of Invercargill City. | Intended Outcome is that citizens feel the city is a friendly place to live and recreate. Community connection and cohesion. |
| Healthy Families Invercargill | Sport Southland Ministry of Health, Community organisation | Obesity and chronic disease. | The Healthy Families NZ approach is supported by a growing body of evidence - for example from Healthy Together Victoria and Colac in Australia and the EPODE pilots in Europe - which suggests that concentrated, community-led health promotion can be successful in addressing the underlying causes of chronic disease. | Invercargill City District | We aim to improve people's health where they live, learn, work and play, in order to prevent chronic disease. Reduce in chronic health issues - diabetes and obesity |
| BURP (Breastfeeding's Ultimate Refuel Place): A website and app directing users to breastfeeding friendly venues in the Southern region | Public Health South and Well South Primary Health Network | Normalising and increasing public support for breastfeeding through registering breastfeeding friendly venues | Previously had a brochure and evaluation showed 91% found the information very useful. Moved it into a modern, portable and interactive medium through the smartphone. | Breastfeeding mums and their families. | In 6 months BURP has had a total of 5219 users, 8445 sessions with 26,174 views through the mobile website and app. 248 venues throughout Southland and Otago are registered breastfeeding friendly. |

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| Breastfeeding Support Otago and Southland | WellSouth Primary Health Network | Breastfeeding Peer Support is a programme whereby mothers (or fathers) are trained and upskilled to support other mothers - their peers - through challenges associated with the normal course of breastfeeding. | Peer Supporters can provide the psychological and emotional support required to continue breastfeeding. Peer Supporters effectively improve rates of breastfeeding initiation, duration and exclusivity. One study also identified a positive impact on maternal health. | Mothers, expectant mothers and their whanau. | To improve health and wellbeing and to reduce the burden of disease in babies through improved breastfeeding rates. |
| Southern Pepi-Pod Programme | Public Health South Distributors: Awarua Whanau Services, Family Works and Southland Hospital Maternity Services | A co-ordinated approach to delivering infant public health messages including smokefree, breastfeeding, immunisation and those at risk of experiencing SUDI. | Review of autopsy reports of all SUDI deaths in Auckland Oct 200-Dec 2009. Of the 221 deaths 83% of these were Maori or Pacific Island infants. Median age at death 11 weeks and at the time of death 64% were bed sharing. Infant mortality has been falling since 2009, but not in the South Island. Most significant improvements have been for Maori Infants and for areas that have adopted the Pepi-Pod Programme. (Stats NZ) | Based on evidence of increased risk referrals are encouraged for new born infants (< 2 weeks) with one or more of the following characteristics: • Maori • Smoke-exposed, especially in pregnancy • Premature (<37 week) and/or low birth weight • Mother aged <25 yrs. | Decreased infant mortality through SUDI Southland vulnerable families have had safe sleep/ smokefree/ breastfeeding/ gentle handling/ alcohol and drug conversations Increased knowledge and displaying safe sleep practices in vulnerable infants Families have spread the safe sleep messages to their wider whanau Increase in number of pregnant women/new mums referred to stop smoking services. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| <p>Colourful Kai: \$15 fruit and vegetable bags available for purchase weekly. Recipes including the produce accompanied these bags (programme ceased in late 2013 and is now provided by a small business operator)</p> | Public Health South | Improving access to healthy affordable food in the community | <p>Food Security: 2/5 households in NZ aren't certain they can feed their family properly (Heart Foundation)</p> <p>Obesity: High obesity levels in the Southern region of 29.4% - disproportionate in Maori (54%) and Pacific Island (62%)</p> | Those on low-income and living in high deprivation areas. Ordering and drop-off points were situated in Bluff, schools located in higher-deprivation areas, budget advisory services, Barnardos Family service, mental health services etc. | <p>89% thought that purchasing the bags increased their fruit and vegetable consumption Prior to purchasing the bags 44% reported they ate fruit and vegetables regularly compared to 100% after purchasing the bags 100% felt the bags are worthwhile 100% thought the bags are value for money 78% found the weekly recipes worthwhile</p> |
| <p>Supervised Contact Service - S60 of Care of Children Act 2004</p> | Timeout Carers Southland Trust, Ministry of Justice, CYF's | Supervised Contact for children in a safe and controlled environment | Ministry of Justice identified need for this service through their statistics | At risk children who have been exposed to issues around separation from significant people in their lives. This can include both emotional and physical issues | Research supports the fact that children who have had professional supervised contact to help to address relationship problems enjoy better relationships, are less likely to be in trouble, go to prison or experience mental health or addictions problems. It improves their chances of growing up to become better parents themselves. |

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| Integrated family support services for parents and children through a one-stop-shop | Otautau & Districts Community Charitable Trust. Otautau Medical Centre, Plunket, Police, Otautau School, Outside Organisations Takitimu Community Development Committee Other Rural Community Worker Services | Families under stress with relationships, children's behaviour, financial, abuse, housing, medical and many more. | Families seek for help and advice | People of all ages living in Otautau, Takitimu and Districts | Clients having the knowledge and skills to take responsibility for their own and family safety |
| Family Dispute Resolution | Family Works | Families needing to reach agreement on parenting arrangements after a separation or divorce. | Families need professional, independent advice on what is in the best interest of their children | Any family going through a separation or divorce | Families reach an amicable agreement about access and parenting. Children live in a safe nurturing environment. |
| Strengthening Families | Family Works - a wide range of community social service agencies | Brings together the agencies working with the same family to develop and implement goals | Families seeking support | Any family that has a child or young person under 17 years of age and more than 2 agencies working with them. | Families receive a collaborative wrap-around service resulting in learning new skills and improving their outcomes. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Service and Support Programmes | Family Works | A wide range of family and child issues | Family Works has in place a 360 degree evaluation process - clients, referrers and staff report their views on the work of the agency, | families with children up to the age of 17 years of age. | Adult clients and child clients have met their goals. adult clients child clients have improved relationships. adult clients and child clients that learnt new skills or strategies that are useful. 100% of adult clients and 100% of child clients have their child safety issues addressed. adult clients and child clients feel better prepared for the future. |
| Dedicated Intake Service | Family Works - A range of other community agencies | Assistance and support to find the best service to fit their needs, either inside Family Works or externally or a combination of both | Demand for services increasing | All families across Southland | As above |
| Social Work Support (SWS): | Family Works | Social Workers help families build on their strengths and support them to achieve their goals. | Families seek for support | Any family that has a child or young person under 18 years of age. | As above |
| Counselling | Family Works | Individual and family counselling for children, young people and their families, that builds on their strengths and supports them to achieve their goals. | Families seek support | Any family that has a child or young person under 18 years of age. | As above |

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| Buddy Programme | Family Works - volunteers and service agencies | Social Workers help families build on their strengths and support them to achieve their goals. | Families seek support | Any family that has a child or young person under 18 years of age. | As above |
| Cool Families | Family Works | Coaching parents and children ages 7 - 11 in a group and at home to manage their emotions and behavior and improve family relationships. | Parents don't know how to react to some aspects of their adolescent children's behaviour | Parents and children ages 7 - 11. | Families reach an amicable agreement about access and parenting. Children live in a safe nurturing environment. |
| Incredible Years | Family Works | In a group parents learn practical ways to manage the behaviour of their 2.5-8 year olds. | Parents don't know how to react to some aspects of their children's behaviour | Parents of 2.5 to 8 year olds. | Parents can better manage the behaviour of their children. Violence reduces in the home. |
| Parenting Programme | Family Works | A fun and informative group programme focusing on parenting children of all ages. | Families seek for help and advice | Any parent that has a child or young person under 18 years of age. | As above |
| Foster Care | Family Works | Emergency respite or short term homes for children who can no longer live with their birth family. | Children need to grow in a nurturing environment | Any family that has a child or young person under 17 years of age. | Children live in safe home environments |
| Family Start | Family Works | Home based programme working with families to improve outcomes for their children in the areas of health, education and welfare. | Parents / caregivers need help to achieve better health, education and social outcomes for their children. | Families where the mother is three months pregnant up until the child turns one and can remain involved long term until the child is 5 years old or starts school | Clients meet their goals and improve relationships, learn new skills or strategies. Clients have their child safety issues addressed and feel better prepared for the future. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Home visits | Plunket | WELL child children check | The WELL child contract has been running for over 30 years and Plunket have been doing home visits across NZ for over 100 years, 93% of all children born in NZ are visited by a Plunket nurse more than once over the first three years of a child's life. Nurses also pick up how mum is coping. | Families and young children | Children are living in a safe and nurturing environment. |
| Parenting through separation | Barnardos, Ministry of Justice | Help with sorting out parenting arrangements for children for parents who separate | Programme written by professionals who specialise in helping families through separation. | Parents, family members such as grandparents | People find the information and tips very helpful. The content includes: How separation affect children, What children need during separation. |
| Dad`s playgroup at Ranui | Plunket, Kindergarten South | Supporting families, increasing Dads parenting skills through active play, giving mums a rest | The Brain Wave Trust and many research papers indicating that Dads involved with their children decreases teenage risk factors, improves educational, emotional and psychological development | Fathers with their children 0-5 yrs | Fathers enjoy their role as fathers and create safe and caring environments. Children engaged with fathers have better educational, emotional and developmental outcomes |
| Conscious Parenting Programme | Barnardos - SKIP | Reduce stress and increase the enjoyment of parenting. | Various studies conducted nationwide. The programme is delivered across NZ with adaptation for local families needs. | Families | Families enjoy parenting and children do not demonstrate anger and frustration. |

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| Family Support Programme | Barnardos | This is a free Service that uses Social Work methods i.e. assessment, planning and goal setting to support the family work through issues identified by them. Provide support for families in range of stressful situations | MSD statistics and referrals. | Families | Families enjoy parenting and children do not demonstrate anger and frustration. |
| Home for Life Programme | Barnardos - Child Youth and Family, Open Homes Foundation | This is a process managed by CYF - NGO's support the foster parents with any parenting issues | CYF statistical evidence relating to failure of children to cope well with transition to and from foster care, | Families and whanau with foster children | Children are settled in their "new" homes. Children do not require CYF and Police intervention. |
| Building a Strong Family Life | IDEA Services Parent to Parent Autism Southland Eastside Baptist Church EXPLORE - Behaviour Support Services Strengthening Families | Support families of all ages to keep their disabled family member at home if that is their choice | Family/whanau requests for support. Various studies have shown that providing appropriate support reduces the need for institutional care. | Families with a member with an intellectual disability | Families no longer have to fight to get services or wait until they are in crisis to get help |
| Disability Information and Advice | Nga Kete Matauranga Pounamu Charitable Trust - Southland Disability Information Service | Families living with a disability are able to access the support and information they require. Includes advocacy. | Whanau request for support and information service. | People with disabilities, their families | Families living with a disability have all the support required. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Substance abuse and other addictions | | | | | |
| Taitamariki Oranga | Nga Kete Maturanga Pounamu Charitable Trust | To reduce risk of developing substance abuse, ensure retention at school, participation in positive social activities. | Referrals from CYF and other social service agencies'. | 10-13 yrs Maori Taitamariki/ parents or guardians | Maori young people are living healthy safe lifestyles. |
| Gambling Counselling | Nga Kete Maturanga Pounamu Charitable Trust | Problem gambling behavior. | Gambling statistics, evidence from budgeting services. Referrals from BAS and gaming venues. | 18 yrs and older, affected whanau | Reduction in the problem gambling statistics |
| Wahine Hapu | Nga Kete Maturanga Pounamu Charitable Trust | Reduce tobacco, help women quit smoking, eliminate baby's exposure to first hand and second hand smoking during pregnancy, infancy and childhood. Motivational interviewing. | Smoking statistics from Health sector. Request from Whanau for support to cease smoking. | Pregnant women who are smoking | Women who are pregnant no longer smoke. Babies and children are not exposed to the dangers of cigarette smoke. |
| Alcohol and Other Drug Counselling | Nga Kete Maturanga Pounamu Charitable Trust | Minimize and eliminate harm of substance abuse, provide support to affected whanau | Statistical evidence and referral from school's and social services requesting help. | 12+, affected youth, adults and whanau | Statistics show a reduction in those undertaking substance abuse. Reduction in crime caused by substance abuse, |

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Workplace

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Fleet Safety | | | | | |
| Fleet Safety | ACC, NZTA, NZ Police, MBIE | Road Safety within businesses. Looks at the number of infringement notices a company has and then works with that company to improve their fleet safety. | Employers report significant improvement: reduced injuries among staff; save money e.g. on maintenance costs, fuel costs, and crash repairs avoid hidden costs; reduce your organisation's environmental impacts; improve productivity | Businesses with large fleets/ company cars | A best-practice fleet safety management system will reduce your organisation's road-related risks and protect your staff. It can also save you money and boost your reputation, both within your organisation and with your customers |
| Safer Forest Harvesting | Work Safe - Forestry contractors | To reduce serious harm and fatalities in the forestry sector | The need is represented in a number of work-related injuries | Forestry stakeholders and workers | Reduced numbers of accidents and deaths caused by unsafe practises in the forestry industry |
| Safe use of machinery in manufacturing | Work Safe - the industries involved | Educating about the hazards that come with using machinery in the workplace, potential injuries and how to control these hazards. Advise duty holders how to use machinery safely | The need is represented in a number of work-related injuries | Employers and self-employed involved in all industry. | Reduced numbers of accidents and deaths caused by unsafe practises in industries. |
| The Safety Engagement Newsletter (SEN) | ACC | Highlighting the effect that non-work related injuries could have on workplaces and offer practical advice and solutions to help minimise them. | A need for a way to engage with local employers to increase awareness around the effects of non-work related injuries. | 900 employers and self-employed people from Timaru South receive the quarterly newsletter | The Southern driven idea behind the e-newsletter was to supply easy to understand information The newsletters contain tools, activities and resources that are easy to pass on and implement an increase awareness |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Preventing falls from height on construction sites | Work Safe - all construction companies | To reduce harm by raising awareness about the safe use of ladders and safe working on roofs | Number of injuries caused by falls | People involved with construction- the owners, the employer, the self-employed contractor and sub-contractor, and the worker | Reduced numbers of accidents and deaths caused by falls on works sites. |
| Southland Employers Health and Safety Forum established 3 years ago | Southland Employers 200 on email data base ACC, Work Safe | Increase awareness of health and safety in the workplace, including, drugs/ alcohol, manual handling, SME engagement, Wellness initiatives etc. | A need for a way to engage with local employers to increase awareness around the effects of non-work related | Employers and self-employed involved in all industries | Networking, training, sharing H&S knowledge, hearing from subject matter experts, ultimately assisting with the reduction of injuries within Southland |
| ACC Southern Employer Forums, Timaru, Dunedin, Invercargill and Queenstown held May and October each year | ACC Southern Region | Educate employers with H&S topics to assist with best practice within their business, have subject matter experts present on a variety of relevant H&S topics. | A need for a way to engage with local employers to increase awareness around the effects of non-work related injuries. | Southern Employers from Timaru south. Target audience is normally 500 people twice a year. | Best H&S practice via education and training. Providing topics that employers have told ACC are of interest or relevance to them |
| Southland Combined Contractor Induction. | New Zealand Aluminium Smelters, Southport, Dongwha, Balance, South Roads, Power net, Alliance Group and Southern Institute of Technology | Inconsistency with southland contractors H&S competencies and understanding. | Meet specific evidence based requirements to be eligible to be included on the combined database. | Southland Contractors | A database that partners have access to that provides specific contractors that meet their obligations under the H&S and employment act. |
| Quad Bike Safety | Work Safe - Federated Farmers, Rural Support Group, Dairy Network's Farmers | People get killed or injured when riding quad bikes | Increasing quad bike injuries | Farmers and other users of quad bikes | Reduced number of people being injured and killed while riding quad bikes on farms |

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| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
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| Work place alcohol policies | PHS | Work is being conducted with Schools to support alcohol policies eg: licensed events on school grounds | Support appropriate applications and school settings by reducing exposure and alcohol related harm. Promoting smoke free environments. | School Sites | Reduce exposure and normalisation of alcohol in school settings Increase knowledge around the Sale and Supply of Alcohol Act 2012 |
| Road Safety | | | | | |
| Ride Forever training | ACC , NZ Police, NZTA, MOT | Rider training and information for riders. The Rideforever website provides riders with information on all things related to riding and they can also register for subsidised rider training at 3 different levels. Bronze. Silver and Gold | Training is delivered by NZTA accredited providers | Riders of all levels | Within Southland over 100 people have been trained since November 2013. Looking at next courses in November / December and promoting to workplaces in the area |
| 5 Star Road Users Includes: First Gear | Road Safety Southland, Southern Street Smarts, Invercargill City, Southland District and Gore District Councils, NZ Police Traffic, SADD students, ACC | There is a need to change the road safety conversation from 'blaming the road user' to looking at the whole system aiming for 5 star users, 5 star roads and roadsides, 5 star vehicles. | Crash analysis reports. NZTA road safety reports. Police impact reports. Police infringement reports. ACC injury reports. | All road users | Roads and roadsides will be safer because transport and urban planning, and road design will accommodate human errors more. Speed will be managed to safe levels through more appropriate limits Vehicles will increasingly have advanced safety features Road users will be alert, compliant and more aware of the risks. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|--|---|---|---------------------------------------|--|
| Safety at Intersections Includes: Share the Road, Vulnerable Road Users; Distracted Drivers | Road Safety Southland, Invercargill City, Southland District and Gore District Councils, NZ Police Traffic, Cycling Southland, Southland RAMS, Older Road User Groups, Early Education providers | ICC and SDC intersections are rated high risk compared to other NZ urban cities/areas Pedestrian, Older road users and very young road users rank high risk on Southland Roads. Cyclist rank high risk in Invercargill City. Distracted driver crashes are high risk in Southland. Particularly at intersections and on SDC roads. | NZTA Communities Risk register and road safety reports. Crash analysis reports. Police impact reports. Police infringement reports. ACC reports | All road users | High risk intersections in Southland will be safer because urban planning, and road design will accommodate human errors more. If intersection crashes do occur the injury consequences of those crashes will be less traumatic. Vulnerable road users will be safer using our roads and roadsides. Road Users will be more informed about the high risks taken if the road user is distracted or tired. |
| Older drivers | Road Safety Southland, Invercargill City, Southland District and Gore District Councils, NZ Police Traffic. AA, GP's | Older road users are ranked high risk on Invercargill City roads. | NZTA Communities risk register and road safety reports. Crash analysis reports. Police impact reports. Police infringement reports | Road users who are over 65 years old. | Older road users will be safer using our roads and roadsides. |

- Youth
- Elderly
- Farmers
- Migrants
- Alcohol
- Road
- Home
- Public Place



| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|---|--|---|--|--|
| Rural Roads Includes: Winter Driving, Rear Seat Safety Belts, Motorcycles, Alcohol, Speed and Visiting Drivers | Road Safety Southland, Invercargill City, Southland District and Gore District Councils, NZ Police Traffic, ACC, NZ Plunket | Crashes that occur on rural roads, due to higher speeds, (often) have a more traumatic outcome. The highest risk crashes on our rural network are caused by winter conditions, high speeds, alcohol impaired drivers and visiting drivers. The Gore District has the lowest all NZ compliance for rear seat safety belt use. | MOT Safety Belt Surveys, NZTA Communities risk register and road safety reports. Crash analysis reports. Police impact reports. Police infringement reports, hospitalization and ACC data | All road users who use our rural network | High risk rural roads in Southland will be safer because urban planning, and road design will accommodate human errors more. If rural road crashes do occur the injury consequences of those crashes will be less traumatic. There will be a higher compliance for rear seat safety belt use in the Gore District, an area that is reported by MOT as in need. |
| Child safety on road | | | | | |
| Child Safety Restraints Checkpoints | Plunket - NZ Police, Kindergarten South | Educate people on correct way to fit child restraints | Results of checkpoints held indicate that people either don't know how to install car seats or just don't use them. Restraints incorrectly installed in most cases. | Road users | Fatalities and serious injuries prevented |
| Car seat services | Plunket | Car seats incorrectly installed or not used. Car seats are used by families | Police and Plunket conduct roadside checks, many car seats are fitted incorrectly. Research figures indicate that this places children at risk of death and injury | All families with children | Compliance with car seat legislation is 100% |
| Driveway backing kit | Plunket | Safety in the driveway and reduce risk of children's deaths | Statistics of Kids killed on the driveways | Whole community | Driveway kit available to anyone in the community |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|--|--|--|---|--|
| Young drivers | | | | | |
| Young drivers - practice | ACC - NZTA | Free, practical advice and plans to help people pass their restricted license on the first go and become a competent driver. | It's created by official NZTA driving experts and driving instructors (jointly with ACC) to show you everything you need to learn to become a safe and skilled driver, and to pass your restricted test. | Young drivers and those wanting to pass their restricted license. Provides support, practical tools for coaches to help learner drivers pass the restricted test. | People on learner licences are encouraged to get at least 120 hours of driving on a range of conditions and situations. |
| Safe Young Road Users Includes: First Gear, Vests4Children, Seen and Safe, BrightSparks | Road Safety Southland, Southern StreetSMARTS, Invercargill City, Southland District and Gore District Councils, NZ Police Traffic and Ed, ACC, NZ Plunket, Southern Kindergarten's | Learning is life-long and this programme addresses road safety education gaps from early childhood to young adult. It enhances the education already there and provides fill for the gaps that are identified with key partners. Programmes start with 2yrs and parents as first teachers to supporting SADD students in High Schools. | NZTA Communities risk register and road safety reports. Crash analysis reports. Police impact reports. Police infringement reports, hospitalization and ACC data | Families and the communities they live in. | Communities and families are more aware of the risks young people face using our roads roadsides. Our road safety conversation is changed and 'life-long' road safety learning is seen as the norm'. |
| High Risk Young Road Users 16-24yrs Includes: Sport Sponsorships, Supporting SADD, Restricted Drivers, Safety Belts, Dangerous Driving, Alcohol, Speed, Safe Vehicles | Road Safety Southland, Southern StreetSMARTS, Invercargill City, Southland District and Gore District Councils, NZ Police Traffic, ACC, SADD (Students Against Dangerous Driving) | Due to many factors (too long to list) our young drivers 16-24yrs remain the highest risk on our roads and roadsides. | NZTA Communities risk register and road safety reports. Crash analysis reports. Police impact reports. Police infringement reports, hospitalization and ACC data | All road users age 16 - 24yrs | Road users 16 - 24 yrs will be safer using our roads. Roads and roadsides will be safer because transport and urban planning, and road design will accommodate human errors more. |

- Youth
- Elderly
- Farmers
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- Road
- Home
- Public Place

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|--|--|---|---|--|---|
| Fire safety children and young people | | | | | |
| Firewise programme (FREE resources) Teacher lead with fire fighter presentation on completion | New Zealand Fire Service, and Schools | To educate school communities about fire safety | Each year, firefighters attend about 3,500 urban house fires and about 500 rural house fires. Each year people lose their lives in these fires. The consequences for families who have family members die or suffer burn injuries, or lose their homes and cherished possessions are high. This programme educates and minimizes this potential | Preschool (also available in Maori) Yr1&2 (also available in Maori) Yr7&8 Yr13 | Safer communities |
| FAIP - Fire Awareness Intervention Programme | New Zealand Fire Service, Police, Child youth & family, Parents, Caregivers, Schools | This is a specialist programme for young people who set fires. The programme aims to raise the awareness of dangers and consequences of lighting fires. | In 2009 the University of Auckland published results of a study that looked at repeat offender behaviours of FAIP participants over a 10 year period. It showed 98% of young people who complete this programme are not involved in further fire setting. | 5 - 17 yrs old who set fires | To reduce the number of deaths, injuries and \$millions of property damage. |

| Project Name | Lead Organisation and Partners | Issue being addressed | Evidence based | Target Population | Outcomes |
|---|---|---|--|------------------------|---|
| Home fire safety checks | New Zealand Fire Service - multi agencies and service clubs | To reduce risk of fatalities and serious injuries from the fire | Visiting homes and pointing out the fire safety issues have been very beneficial | All risk target groups | People get a chance to improve their fire safety to eliminate fire danger or obtain skills on what to do in case of emergency |
| Kitchen demonstration on fire safety | New Zealand Fire Service - rural sector, multi agencies | To reduce risk of fatalities and serious injuries from the fire | 25% of all fires start in the kitchen | All community | People obtain essential set of fire safety skills and knowledge |
| Open homes - structure fires | New Zealand Fire Service | The high number of structure fires occurring in Southland | Seeing is realising it can happen to anyone. | General Public | People obtain essential set of fire safety skills and knowledge. The number of structure fires reduces. |

- Youth
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business.

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18 November 2015

To whom it may concern

The Southland Chamber of Commerce is proud to support the Safe Communities Programme in Southland. This is a collaborative community approach that will help Southland continue to be a vibrant and safe place to live.

The Chamber encourages all its members to support and engage with practical initiatives that assist in collectively making a difference in our community.

Yours faithfully



Sarah Hannan

Chief Executive



P +64 3 218 7188
E office@commercesouth.com
150 Tay Street, PO Box 856, Invercargill 9840

26 November 2015

Safe in the South

Re: Letter of Support

Child Youth and Family are committed to supporting and assisting the accreditation of Safe in the South as an international safe community.

Southland covers a large geographical area and it is imperative that we work together to ensure it is a safe and vibrant place to live and work.

It is important for agencies be they government or non-government to work together collaboratively to ensure best practice and a safe and healthy environment for all.

It is my pleasure to fully support this programme within Southland.

Yours sincerely



Raewyn Hubbard

Site Manager Child Youth and Family

Southland



New Zealand Fire Service
Southland Area Headquarters
46 Jed Street
PO Box 192
Invercargill 9840

New Zealand

Phone +64 3 218 4114, Fax +64 3 214 1365

26 November 2015

'Safe in the South'

Re: Letter of Support

The New Zealand Fire Service Southland Area are fully supportive of the 'Safe in the South' safer communities accreditation application, along with the initiatives this involves.

We are committed to this venture through our participation and leadership within the project and in joining our fellow agencies, organisations and community stakeholders in collaborating and assisting to improve Southland and achieve the goal of 'Southland being a safe place to live and work'.

We see that gaining nationally recognised 'Safe in the South' accreditation as a safe community will promote social, economic environmental and cultural wellbeing in the communities of Southland.

Yours sincerely

Bruce Stubbs
Area Commander, Southland Area (25)



20 October, 2015

Safe in the South

Re: LETTER OF SUPPORT

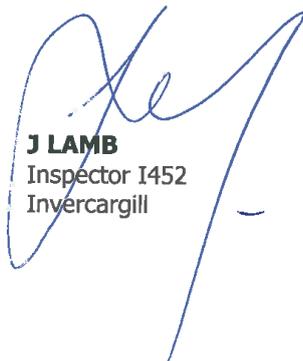
The Southland Police are committed to supporting and assisting the accreditation and subsequent activities of the Safe in the South initiative.

Southland is a diverse region with a wide range of demographics that will require innovative thinking to ensure that we remain a safe and vibrant place to live.

To enhance all community initiatives, we need to work with our strategic partners both within the Government and non government arenas. This close relationship will allow for a collaborative approach, the sharing of best practice and for us all to work in a efficient, effective and economic manner.

It is my pleasure to fully support this programme within Southland

Yours faithfully



J LAMB
Inspector I452
Invercargill



Southern District Health Board
P O Box 828
INVERCARGILL 9840
Phone 214-7286 Fax 214-7277
Please address correspondence to:
Executive Director of Patient Services/Deputy CEO

02 October 2015

To whom it may concern

SAFE COMMUNITY PROJECT

Southern DHB has a commitment to the population of this region and as such, we are delighted to be part of this initiative as I know this will help make a difference to our community.

Yours sincerely

A handwritten signature in blue ink that reads "Lexie O'Shea". The signature is written in a cursive style with a large, stylized "L" and "O".

Lexie O'Shea
Executive Director of Patient Services/Deputy CEO

28 AUG 2015



Southland District Council

Mayor's Office - Council Chambers - Invercargill - New Zealand

27 August 2015

To Whom It May Concern

SAFE COMMUNITIES PROGRAMME

I am pleased to support the Safe Communities Programme in Southland, a collaborative community effort to reduce injury and accidents across all walks of life in our region. This is particularly important given the large geographical area we cover and that we have many people working in isolated and potentially dangerous situations.

I encourage organisations, agencies, businesses and members of the community to get behind this initiative to make a difference to our community.

Yours faithfully

A handwritten signature in black ink, appearing to read "Gary Tong".

Gary Tong JP
MAYOR

r/15/8/15504



9 September 2015

To whom it may concern,

I am pleased to support this collaborative effort to reduce injury, accidents and crime and dangerous practices across the city and the region.



I believe Invercargill is a great place to live and visit where we enjoy healthy lifestyles in a healthy environment.

This project is a whole community approach to a safer community and consistent with the vision of the Invercargill City Council that is: creating an exciting, innovative, safe, caring and friendly city offering lifestyles based on a healthy environment and diverse growing economy.

We are a community which builds collaborative approaches to making things happen and making the best use of available resources.

I encourage organisations, agencies, businesses and any members of the community to get behind the Safe Community programme and help us make a difference in our community.



Yours sincerely

A handwritten signature in black ink, appearing to read "Tim Shadbolt".

Tim Shadbolt
MAYOR

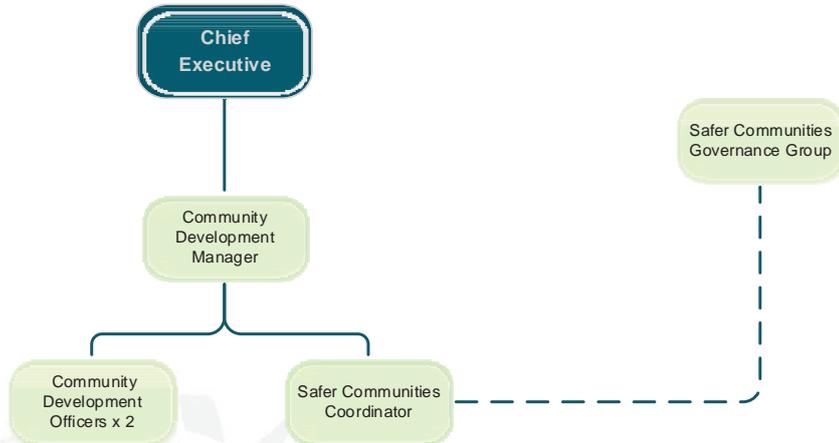


JOB DESCRIPTION

| | |
|---------------------------|---|
| Job Title | Safe Communities Coordinator |
| Tenure / Hours | Fixed-term - part-time position - 15 hours per week |
| Directorate and Work Unit | Chief Executive |
| Responsible to | Community Development Manager |
| Responsible for | NA |
| Budget Responsibilities | NA |
| Delegations | As per Delegations register |
| Date | September 2015 |



ORGANISATIONAL CONTEXT



JOB PURPOSE

To coordinate and further develop specific community safety initiatives including gaining of Safe Community Accreditation. This includes working collaboratively with a wide cross section of community agencies across the Invercargill and Southland District areas.

FUNCTIONAL RELATIONSHIPS

It is a key responsibility that relationships must be developed and maintained in such a way as to bring about a positive and respectful response from those the team member liaises with.

EXTERNAL TO COUNCIL

- Clients/public.
- Safer Communities Governance Group
- Other local and regional authorities.
- Outside agencies and professional organisations.
- Community groups and organisations.
- Government Departments

WITHIN COUNCIL

- Other team members in your Division/Directorate.
- Other Invercargill City Council and Southland District Council employees.
- Elected Representatives.

KEY ACCOUNTABILITIES

Development and Support

Ensuring the attainment of Safe Communities accreditation. This includes coordination and development of the Safe Communities Accreditation application, organising a Safe Communities panel visit, and planning and organising the accreditation process through to an accreditation event.

Development and implementation of a Community Safety Strategic Plan.

Coordination and implementation of collaborative community safety programmes.

Administration

Preparation of invoices relating to project expenses prior to signing off.

Preparing word processing and spreadsheets relating to the Safe Communities programme for final formatting by Word Processor Operator's.

Preparation of agendas, reports and taking of minutes for the governance group, advisory group and work stream team meetings.

Undertaking of other safe community initiatives determined by the Safe Communities Governance Group.

YOU ARE SUCCESSFUL WHEN

- The Accreditation application is complete and submitted to Safe Communities NZ Foundation.
- A panel visit has taken place and feedback from the panel indicates that they enjoyed their visit.
- Safe Communities Accreditation is awarded to the Invercargill / Southland Districts and a presentation event is successfully held.
- A Community Safety Strategic Plan is developed and implemented.
- The plan is regularly updated as directed by the Community Development Manager.
- At least two successful collaborative programmes are undertaken in the current year.

Customer Excellence

Acting as an ambassador for our Council, going above and beyond to provide both internal and external customers with exceptional service at all times.

- You are regarded as approachable, interested and friendly.
- You stop to listen, learn and understand when assisting customers.
- Customers recognise they have received the level of support and

| KEY ACCOUNTABILITIES | YOU ARE SUCCESSFUL WHEN |
|---|---|
| | <p>service they seek.</p> <ul style="list-style-type: none"> ▪ You take the initiative to improve work practices and to get the best possible outcome. ▪ Problems and complaints are acknowledged, solutions identified and promptly acted upon ▪ Council confidentiality policies are met when dealing with customer information. |
| Teamwork | |
| <p>Working together as a team to get the job done</p> | <ul style="list-style-type: none"> ▪ You willingly share your knowledge and experience. ▪ Communication is open, honest, appropriate and considerate. ▪ You demonstrate positivity and respect, and support and care for your colleagues across the community. ▪ You demonstrate initiative and commitment to team objectives, actively participating in group activities. ▪ You are open and receptive to change. ▪ You challenge yourself and others to make it better. ▪ You maintain confidences and avoid hurtful gossip. |
| Professional Development – self | |
| <p>Identifying areas for personal and professional development.</p> | <ul style="list-style-type: none"> ▪ Training and development needs are identified, agreed with direct line manager and implemented annually. |
| Civil Defence Emergency Management | |
| <p>Assisting Communities in preparing for and responding to an emergency.</p> | <ul style="list-style-type: none"> ▪ After establishing the safety of members of your household, you may be assigned duties to assist Council and/or Emergency Management Southland in an emergency. |
| Health and Safety | |
| <p>Taking all practicable steps to ensure personal safety and the safety of others while at work, in accordance with Council's Health and Safety policies, procedures and systems.</p> | <ul style="list-style-type: none"> ▪ You understand and consistently meet your obligations under Council's Health and Safety policy/procedures. ▪ You actively encourage and challenge your peers to work in a safe manner. ▪ Effort is made to strive for best practice in Health and Safety at all times. |
| Other Duties | |
| <p>From time to time you may be required to undertake duties in addition to those outlined but which fall within your capabilities and experience.</p> <p>Looking for opportunities to improve systems, processes and work practices – both within your own position and the organisation as a whole.</p> | <ul style="list-style-type: none"> ▪ You respond positively to requests for assistance in own and other areas, demonstrating adaptability and willingness. ▪ You suggest new ideas and make refinements to systems, processes and work practices within your own role, and make suggestions for improvement to the organisation as a whole. |

NOTE: The above performance standards are provided as a guide only. The precise performance measures for this position will need further discussion between you and your manager and the Safer Communities Governance Group as part of the performance development process.

PERSON SPECIFICATION

This section is designed to capture the expertise required for the role at the 100% fully effective level. (This does not necessarily reflect what the current job holder has). This may be a combination of knowledge / experience, qualifications or equivalent level of learning through experience or key skills, attributes or job specific competencies.

| | ESSENTIAL | DESIRABLE |
|---|--|--|
| Education and Qualifications | <ul style="list-style-type: none"> A current valid full motor vehicle licence. NCEA Level 3 or equivalent in English | <ul style="list-style-type: none"> Project Management. |
| Knowledge, Skills and Experience | <ul style="list-style-type: none"> Demonstrated keyboard competence and experience in Word, Excel and other applications. Knowledge and experience in community development. Experience in working within the volunteer sector. A confident communicator, public speaker and facilitator. | <ul style="list-style-type: none"> Experience in facilitating community meetings. Experience in selling a concept to unwilling participants. |
| Personal Qualities | <ul style="list-style-type: none"> Flexibility to work outside the 8.00am -5.00pm working day if required. Be self motivated with the ability to communicate clearly, concisely and in a positive and enthusiastic manner with all levels of staff and with community and/or professional groups. A self starter. | |

CHANGES TO JOB DESCRIPTION

This Job Description may be reviewed as part of the preparation for your annual performance review.

Acknowledged / Accepted:

.....
Employee Date

.....
Manager Date

.....
Chair – Safe Communities Governance Group Date



